Wellness Exam Checklist – 6 Things to Do Before Your Pet’s Exam Visit

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We’re looking forward to your visit with us! Please take a few minutes to go over this sheet beforehand. It should save everyone a bit of time when you come in and ensure nothing gets missed. If there are issues you want to discuss, such as a lump you’ve noticed or a behavioral change, feel free to jot them down. See you soon,

The Doctors & Staff of Best Friends Veterinary Center

1) **Anxious about Veterinary Visits:** Does your pet become anxious, fearful or aggressive before or during veterinary visits?

a) No, my pet likes going to the vet

b) My pet is a little anxious (panting, yawning and lip licking are common anxiety

signs in dogs)

c) My pet is definitely frightened

d) My pet is terrified and/or aggressive

**If you choose c or d, call at least a day ahead of time; your pet would benefit from antianxiety medication before your visit.**

2) **Diet & Supplements:** What brand(s) and formula(s) of pet food do you feed to your pet (if you are not purchasing them from us or our on-line store)?

How much food are you giving per day?

What supplements are you giving and what brands? Feel free to bring

supplements or product labels with you so we can discuss ingredients and quality

with you.

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3) **Parasite Prevention:** Check to see how much heartworm and flea/tick preventative you have left. Will you need any refills at your visit?

When did you give the last/most recent doses of preventive products?

4) **Laboratory Testing:** Don’t forget to bring stool or urine samples in if requested! All cats and dogs should have stool testing done at least annually, even indoor-only pets. Samples will keep in the refrigerator for up to 24 hours.

5) **Pre-existing Problems:** If your pet has already been diagnosed with one or more chronic (long term) diseases, what is the status of each? For each disease is your pet

a) Doing better/well

b) About the same

c) Doing worse

6) **Long Term Medications:** If your pet is on long term medication (other than heartworm or flea preventives) are you noticing any medication side effects?) Feel free to bring all your pet’s medication bottles with you if that helps you remember drug names or to decide on refills.

a) No problems

b) Mild side effects

c) Worrisome side effects

d) Medication does not seem to be helping.



