DISEASE RISKS BY BREED OF DOG

Many disease problems are genetic or inherited and certain breeds are at risk for certain diseases. Some of these can be tested for, enabling earlier diagnosis and intervention. Some simply require awareness on the part of the owner as to what to watch for and when to call the veterinarian. We try to make sure that every owner of an at-risk breed knows about the diseases and problems that could affect their dog. Here is a sampling of some of these problems.

ACL tear: A torn anterior cruciate ligament, or ACL is the most common orthopedic injury of active dogs. (You might also see this same ligament referred to as the cranial cruciate ligament or CCL.) It usually requires expensive surgery to repair. For a working dog, it can be career shortening, just as torn cranial cruciate ligament can be to football players. If not surgically corrected, severe arthritis eventually results.

It can occur in any breed, but those more at risk include Doberman pinschers, Rottweilers, Labrador retrievers and other large hunting breeds, Chow Chows, bulldogs, and any dog that has straight up and down hind leg conformation (as vs. slopey hind legs that angle backwards as in German shepherds).

Recommendations: A high quality diet strengthens muscles, ligaments, tendons & bones, and has been shown to reduce injury rates. Sensible exercise routines help prevent injuries, too. Just as in people, over-exercising without proper warm-up or conditioning can cause problems. Dogs that do a lot of leaping, as with Frisbee tossing or agility work, are also more vulnerable. Obesity is also a huge factor, as overweight dogs are much more likely to have injuries to joints and ligaments. Pet insurance is a good idea, as surgery and rehabilitation can be expensive.

Cardiomyopathy: Cardiomyopathy is the disease that leads to most human heart transplants. The heart becomes larger and thinner and weaker until it can no longer effectively pump blood to the body. Signs may be gradual heart failure or sometimes sudden death from an irregular heart rhythm.

Breeds at risk include the Boxer; Cavalier King Charles spaniel and English cocker spaniel (100% are affected by age ten); Doberman pinscher (5% of Dobies die of this disease every year); all the giant breeds – St. Bernard, Great Dane, Irish wolfhound, Newfoundland, etc.



Recommendation for at-risk breeds: Annual ECG

screening after age 1. If abnormalities are detected, an echocardiogram will confirm the diagnosis. For those breeds at highest risk, an echocardiogram, or ultrasound of the heart, should be done annually after age 5-6.

In Boxers, there may be a link between taurine deficiency & cardiomyopathy. A taurine supplement is recommended.

GDV: Gastric Dilatation and Volvulus, also known as "bloat" usually occurs in dogs with deep, narrow chests – Greyhounds, collies, Great Danes, German shepherds and many other breeds. When a dog bloats, the stomach twists on itself and fills with gas. The twisting cuts off blood supply to the



stomach, and sometimes the spleen. Left untreated, the disease is quickly fatal, sometimes in as little as 30 minutes.

Signs include retching or dry heaving; abdominal pain – grunting, laying in a "prayer position" with the front legs down and the back legs standing up; restlessness or distress; or a bulging out behind the ribs on the left side of the body.



Recommendation: Know what to watch for. If symptoms develop, rush your pet to an emergency clinic if one is available to you. They have a higher success rate for surgically repairing this problem because they do many more of them than the average practitioner. You must act quickly. The needed surgery is expensive, and one of the best reasons to have pet insurance. Don't let your dog exercise strenuously after meals, and feed 2-3 smaller meals per day vs. one large one.

Hemangioma and hemangiosarcoma: These are two of the more common tumors of older large breed dogs. The hemangioma is the non-cancerous form, about 30% of cases, and hemangiosarcoma is the cancerous kind. They are tumors that arise from blood vessels and usually occur in organs with lots of blood supply – the spleen is especially common, and the liver, kidneys, heart or skin may be other sites. These tumors fill with blood and then will break open and bleed.

Since they usually occur internally you cannot see the bleeding from the outside. You will see a dog that becomes pale and weak over a 6-24 hour period of time. He may become unable to walk or get up and breathing may become labored. You can also see a large or distended abdomen if the tumor is large – and some can be volleyball size or larger before the dog becomes ill.

Look at the color of the gums, tongue or inner eyelids if your dog shows these symptoms. If these look pale or white your dog probably needs emergency blood transfusions, and surgery to remove the tumor. If the tumor is benign, and in a location where it can be removed, surgery will be curative. If it is cancerous, the surgery will buy you time with your pet.

Recommendation: Know what to watch for and seek help if signs appear. We often find clues that one of these tumors is present on senior wellness testing, so have your senior dog's blood tested at least annually.

Respiratory Distress Syndrome: This disease affects brachycephalic dogs and cats – those with a squished in face, such as bulldogs, Pekingese, Persians and pugs. These breeds have the same amount of tissue in their noses and throats as other dogs and cats, but there is no place for it to go. As a consequence the soft palate – the soft part of the back of the roof of the mouth – is too long for the size of their mouth and hangs down into the airway. To add to their problems, their nostrils are often too small, and sometimes the trachea, or windpipe, is undersized.

All these things lead to a narrow and obstructed airway. Many of these dogs can barely breathe, have sleep apnea and snore, contract repeated respiratory infections, develop swelling and congestion in their throats that worsens the problem, and die at an early age. They are also more prone to heat stroke and have a higher risk for anesthetic complications.

Recommendation: Correct these defects with surgery early on, ideally at the time of spaying or neutering. The long soft palate can be shortened, the nostrils can be snipped open and more normal breathing will be restored. Some dogs are not affected enough to need surgery early on but become more problematic as they get older, in which case surgery can be done later on.



BREED RISK KEY

The most common problems for each breed are listed here, but not every possible genetic disease. Items in bold are things you might want to recommend to clients based on genetic susceptibility.

Afghan Hound DCM- annual ECG, annual echo > age 5 Demodex Drug sensitivity: Barbiturates - avoid use GDV: Client education, offer stomach tack w/ spay/neuter Hypothyroidism - **T4 early & annually** Laryngeal paralysis – Client education Mats, burrs & hot spots Ophthalmic: Juvenile cataracts; lipid corneal dystrophy; PRA when < age 3 Osteosarcoma - X-rays if lame Airedale Terrier DCM, more common in males - annual ECG Derm: Demodex; follicular dysplasia presenting as flank alopecia at 2-4 yrs of age & also flank alopecia Hypothyroidism – Annual T4 after age 2 Neoplasia: Pancreatic carcinoma; cutaneous melanoma & hemangioma; lymphosarcoma; nasal carcinoma Ophtho: Corneal dystrophy at 4-12 months of age; Pannus at 1-2 years; PRA around age 3 Von Willebrand's factor may be low but generally no C/S Akita Derm: Demodex, generalized - skin scrape suspicious lesions; Sebaceous adenitis; Zinc-responsive dermatosis Diabetes: Older females - Client education GDV – Client education Hypothyroidism - Annual T4 after age 6 Laryngeal paralysis – Client education Neoplasia: Anal Gland Carcinoma, Sebaceous Gland Tumors, Osteosarcoma – x-ray older lame dogs Ophthalmic: Glaucoma age 2-4- annual IOP, PRA age 1-5 Orthopedic: ACL tear - client education, Pet Insurance; Polyarthritis

<u>American Eskimo</u> Risk for cataracts, slight risk for epilepsy. Mats, burrs, hot spots.

<u>American Staffordshire terrier</u> ACL tear – Client Education, Pet Insurance Derm: Solar dermatitis Neoplasia: Cutaneous hemangiosarcoma & histiocytoma, MCT – Client education, FNA all lumps Ophtho: Cataracts; PRA

<u>Australian Cattle Dog</u> Ophtho: Cataracts, lens luxation, PRA Urolithiasis, cysteine – **annual U/A**

<u>Australian Shepherd</u> Collie eye anomaly Ivermectin sensitivity

<u>Basenji</u>

The Basenji breed associations have excellent materials on their website, so for Basenjis I generally just print something off the site.

Fanconi Syndrome - Client education, U/A & UPC annually
GI: Hypertrophic gastritis; PLE from lymphangiectasia; immunoproliferative enteropathy of Basenjis
Ophthalmic: PPM 40-90% prevalence - careful eye exams; cataracts; coloboma
PKD - DNA test available
Reproductive: 1 heat cycle per year
Uroliths, cysteine - annual U/A

Basset Hound

Derm: Otitis (excessive wax), seborrhea/malassezia; Ectropion/entropion; Lip fold pyoderma GI: GDV – Client education; FB ingestion, esp. rocks IVDD - wt. control, Client education MCT - FNA all lumps Orthopedic - UAP Periodontal Disease, epuli, hyperplastic gums - frequent dentals, **Porphyromonas vacc.**, gingivectomy prn Urolithiasis - cystine - **annual U/A**

Beagle Cherry eye - Client education Cushings - PDH FB ingestion!! Client education Glaucoma, often age 2-5. **IOP early on.** IVDD - wt. control, O. education, restrict jumping up Lymphoma Periodontal Disease - frequent dentals, **Porphyromonas vacc.**

Bernese Mountain Dog DCM- annual ECG, annual echo > age 5 Derm: Lip fold pyoderma GI: Chronic diarrhea GN - annual urine Protein:Creatinine Neurological: Epilepsy – genetic screening when available



Orthopedic – ACL – Client education, Pet insurance; OCD - watch growth rate; Hip Dysplasia - 25% incidence - **X-ray early**, wt. control Osteosarcoma- **X-rays if lame**

<u>Bichon Frise</u> Entropion Haemophilia - B or Factor IX def. - **BBT before Sx.** IVDD - wt. control, restrict jumping - Client education Periodontal Disease - frequent dentals, **Porphyromonas vacc.** Urolithiasis, all kinds - **Annual U/A.**

<u>Bloodhound/Coonhound</u> ACL tear – Client Education, Pet Insurance GDV: Client education, **offer stomach tack w/ spay/neuter** Hemangioma, cutaneous (bloodhounds, but not coonhounds) Lip fold pyoderma Ophtho: Cherry eye; Ectropion & entropion; KCS- **STT after age 9**

<u>Border Collie</u> Drug sensitivity – ivermectins OCD shoulders, more common in males, 50% are bilateral, onset usually 4-7 mo. of age Ophthalmic: Cataracts age 4-6, PRA, Collie Eye Anomaly; Glaucoma from lens luxation, often at age 3-5 yrs

Boston terrier Derm: Alopecia, atopy, Cushings (PDH) - Client education Demodex - skin scrape early if symptoms Dystocia - Client education if breeding GI: Pyloric stenosis Hydrocephalus Neoplasia: MCT, Melanoma - FNA/remove all lumps Ophthalmic: Cherry eye, Corneal ulcers, Pigmentary keratitis, Corneal dystrophy - Client education; Cataracts – both juvenile & late onset; Iris cysts; Vitreal syneresis > glaucoma & cataracts; Proptosis KCS - STT early & often Periodontal Dz - frequent dentals, Porphyromonas vacc. Respiratory dysplasia, including hypoplastic trachea - Client education, early surgery prn, give estimate for soft palate surgery w/ spay/neuter estimate, DVM to intubate

<u>Bouvier des Flandres</u> Derm: Flank alopecia Ophtho: Cataracts; Glaucoma - **annual IOP** Orthopedic: ACL tear - Client education, Pet insurance; Hip dysplasia – **X-rays when young;** OCD Neoplasia: Osteosarcoma – x-ray if lame; SCC

Boxer Behavior: Males can be aggressive



Cardiac: Aortic stenosis; Arrhythmogenic Right Ventricular Cardiomyopathy – **genetic screening test**; SSS; DCM/Taurine def. - **annual ECG/Holter monitor** Derm: Alopecia, atopy, Cushings (PDH) - Client education; Lip fold pyoderma Pododermatitis - check feet Drug sensitivity: **No acepromazine** GI: L-P colitis, food allergy, pyloric stenosis - Client education GDV - **offer stomach tack at spay/neuter** Neoplasia: Hemangiosarc, lymphoma, MCT, melanoma, SCC - **FNA/Biopsy everything**! Ophthalmic: Cherry eye, corneal ulcers - Client education Orthopedic: ACL tear - Client education, Pet insurance Periodontal Disease, epuli & hyperplastic gums - frequent dentals, **Porphyromonas vacc**., gingivectomy prn

<u>Brittany Spaniel</u> Hip dysplasia, 15th worst breed – **X-ray early** Periodontal disease – frequent dentals, **Porphyromonas vacc.**

Bulldog, English & French

Derm: Alopecia, Demodex, Lip fold pyoderma, Pododermatitis, Skin fold excess

Dystocia - Client education if breeding

GI: Flatulence due to Respiratory dysfunction

Heat Stroke: No exercise in hot/humid weather, avoid car rides in hot weather

Hemophilia, French bulldogs – **BBT before Sx**

Hydrocephalus - Check for open fontanelles, R/O if signs

IMHA/IMTP - Client education w/ vaccine release

Neoplasia: Lymphoma, MCT, Brain tumors (French bulldogs) - FNA/Biopsy lumps

Ophthalmic: Cataracts (French bulldogs); Cherry eye, Corneal Ulcers - Client education; Distichiasis - watch for signs; KCS - **STT annually**

Orthopedic: ACL - Client education, Pet Insurance. Hip Dysplasia - **X-rays early**, Client education; Hemivertebrae – **x-ray spine w/ spay/neuter**, UAP

Periodontal disease - frequent dentals, Porphyromonas vacc.

Respiratory Dysplasia: Client education w/ last puppy visit, give estimate for soft palate surgery w/ spay/neuter estimate, DVM to intubate, X-ray for hypoplastic trachea, avoid heat & heavy exercise

Urolithiasis: Cystine or Urate - annual U/A

Bull Terrier

ACL – Client education, Pet insurance Demodex – skin scrape suspicious lesions Neoplasia: Actinic keratosis; MCT – FNA lumps Urological: Familial renal disease, 1-8 yrs of age – **annual UPC**; PKD at 4-18 mo. of age

Cairn terrier

Derm: Atopy - Client education Diabetes – Wt. control, Client education GI: Portosystemic Shunt, polycystic liver Disease Haemophilia: B, IX or Pyruvate Kinase deficiency – **BBT before Sx** Ophthalmic: Refractory Corneal Ulcers, Ocular Melanosis, Lens Luxation, Cataracts, Retinal Dysplasia. Orthopedic: Craniomandibular Osteopathy Polycystic Kidney Disease - **annual U/A** Repro: Cryptorchidism

<u>Cavalier King Charles Spaniel</u> DCM, MVI: **ECG annually > 1 yr, echo annually once > 6 yrs old** Ophtho: Cataracts as young adults; Lipid corneal dystrophy; KCS: **STT annually > 6 yrs;** Proptosis – Client education Platelet abnormalities: Large platelets, low count – **Baseline CBC when young** Respiratory dysplasia: Client education last puppy visit, **DVM to intubate**, soft palate surgery w/ spay/neuter or later on prn

<u>Chesapeake Bay Retriever</u> Corneal ulcers - Client education Haemophilia - Type III, **BBT before Surgery** Hypothyroidism – **annual T4 after age 6** Laryngeal paralysis – Client education Orthopedic: ACL tear – client education, Pet insurance; Hip dysplasia- **X-rays early**, Client education; OCD – Client education Osteosarcoma- **X-rays if lame**

<u>Chihuahua</u>

Alopecia - Client education Behavior: Often snappy w/ strangers & children Hydrocephalus: Check for open fontanelles, R/O if signs Melanoma: Remove suspicious lumps MVI: Cardiac work-up when murmur arises Ophthalmic: Cataracts, Glaucoma due to lens luxation Orthopedic: Patellar luxation - Client education, careful exam Periodontal Disease - frequent dentals, **Porphyromonas vacc.** Tracheal collapse - X-ray to R/O if coughing Urolithiasis, cysteine - **annual U/A**

<u>Chow Chow</u> ACL tear: Client education, no jumping Behavior: often aggressive, always muzzle for procedures Derm: Stress alopecia; Growth hormone alopecia; Lip fold pyoderma; Mats, burrs & hot spots; Skin fold excess Ectropion/Entropion: May require multiple surgeries to correct Glaucoma, narrow angle, starting age 3-6: **IOP annually by age 3**

<u>Cocker Spaniel</u> Behavior: Often fearful & snappy Cardiac: DCM - **echos after age 6**; SSS - **annual ECG**; MVI, taurine def. - cardiac work-up & supplement taurine when murmur detected Dermatology: Atopy: Follicular dysplasia - hair may not regrow after clipping. Lip fold pyoderma; Seborrhea, hyperpigmentation - R/O Vit. A def., food allergy, hypothyroidism Haemophilia: Type B, IX or X - **BBT before Surgery** IMHA, IMTP - Client education w/ vaccine release, sulfas Ophthalmic: Cataracts, Cherry eye, Corneal ulcers, Glaucoma (narrow angle or DT lens luxation, starting age 3.5-9), KCS, PRA. **IOP & STT annually**, Client education IVDD - Client education, no jumping, wt. control Neoplasia: Lymphoma, melanoma - FNA/Biopsy all lumps Orthopedic: ACL tears, patellar luxation - Client education Otitis - Clean ears weekly, Client education Periodontal Dz - Frequent Dentals, **Porphyromonas vaccine** Urolithiasis: Struvite or Calcium oxylate - **annual U/A**

Collie

Collie Eye anomaly - eye screening if breeding Derm: Dermatomyositis - R/O if dermatitis; Mats, burrs & hot spots Drug sensitivity: Ivermectin - **use Interceptor/Sentinel, or genetic screening** Food allergy GI: Lymphoplasmacytic IBD in rough coated collies IMHA, IMTP - Client education w/ vaccine release Laryngeal paralysis Neuro: Degenerative myelopathy – **genetic screening**

<u>Corgi</u>

Corneal ulcers - Client education Degenerative myelopathy - R/O if signs appear, **genetic screening** IVDD - wt. control, no jumping, Client education Urolithiasis, cysteine - **annual U/A**

Dachshund Behavior: Fearful Cardiac: MVI, SSS - **annual ECG**, cardiac work-up w/ murmur Cushing's Disease (PDH) - R/O if signs, Client education Derm: Alopecia, Hypothyroidism, Malassezia, Seborrhea Drug sensitivity: Lepto allergy is common - no Lepto if rxn IVDD - Wt. control, no jumping, Client education Ophthalmic: Corneal ulcers, Primary Glaucoma, usually age 4-9 - Client education, **annual IOP after age 4** Periodontal Disease - frequent dentals, **Porphyromonas vacc.**

<u>Dalmatian</u> ACL – Client education, Pet insurance Behavior: Males may be aggressive Derm: Atopy; Cutaneous hemangioma; food allergy; pododermatitis; solar keratitis DCM – usually a mild form - **Annual ECG.** Ophthalmic: PRA, KCS & Pannus - R/O if symptoms, **STT annually**



Respiratory dysplasia: Laryngeal paralysis, Elongated soft palate - watch for signs, DVM to intubate, Client education Urolithiasis: Urate stones very common - U/D recommended unless on other Rx diet, annual U/A

Doberman pinscherBehavior: Males may be aggressive; Flank Sucking, Lick GranulomasDCM: Very common! - annual ECG, annual echo > age 6Derm: Seasonal Flank Alopecia; Lick granulomas; Pemphigus; Zinc-responsive DermatosisDrug Reactions: No SulfasGI: FB; GDV – Client education, offer stomach tack w/ spay/neuterGN - annual Urine Protein: Creatinine RatioHaemophilia: Von Willebrand's - BBT before Sx, or genetic screeningHepatitis - annual chem panelHypothyroidism: Very common, often age 2-6 - annual T4IVDD (cervical), Wobblers - R/O if signsOphthalmic: Cataracts, PRAOrthopedic: ACL tear – Client education, Pet insuranceParvovirus susceptibility: extra Parvo vacc. at 5 mo., annual after that - no 3 yr Parvo vacc.

English Cocker Same as for American with the addition of high risk for cardiomyopathy – 100% incidence by age 10 -Echo annually after age 6. Also familial renal Dz 6 mo. to 2 years - UPC at age 6 mo. & Q 6-12 mo. x 2 yrs afterwards.

<u>English setter</u> Derm: Atopy - Client education; Lip fold pyoderma; Otitis – Client education GDV – Client education Ophthalmic: PRA Orthopedic: Hip Dysplasia - **X-ray hips early**, Client education

<u>Fox Terrier</u> Atopy - Client education GI: Megaesophagus - R/O if vomiting Glaucoma: Primary or lens luxation - **IOP annually** Neoplasia: Fibroma; Hemangiopericytoma; Schwannoma; Insulinoma; MCT - FNA all lumps

German Shepherd Behavior: Fearful or aggressive Cushings: Both PDH & Adrenal Derm: Food allergic otitis, often just 1 ear - Client education, regular ear cleaning. Pododermatitis, Seborrhea, Malassezia, Zinc-responsive dermatitis – work-up prn GDV - Client education, **offer stomach tack w/ spay/neuter** GI: Megaesophagus, SIBO, Lymphocytic-Plasmacytic or Eosinophilic IBD; Perianal fistula - thorough work-up for GI signs, usually multiple etiologies Haemophilia: A & B or Von Willebrand's - **BBT before Sx, or genetic screening** Hemangiosarcoma - Client education, **CBC w/ senior bloodwork** IVDD: Thoraco-lumbar & lumbosacral Lymphoma - Client education Ophthalmic: Corneal ulcers, KCS, Pannus - **STT annually** Orthopedic: Eo-Pan; Hip Dysplasia - hip x-rays while young; Degenerative Myelopathy - R/O IVDD (lumbosacral) also if signs, **genetic screeing**; OCD Masticatory Myopathy, Myasthenia Gravis; Panosteitis

Golden Retriever

Derm: Atopy, Food allergy, Lip fold pyoderma; Otitis, pododermatitis Check feet, Client education, weekly ear cleaning GI: Food all., Megaesophagus, FB ingestion - R/O if signs Hemangiosarcoma - **CBC w/ senior bloodwork** Hypothyroidism - **annual T4 >age 6, earlier prn** Laryngeal paralysis – Client education Neoplasia - lymphoma (cutaneous), melanoma, MCT - FNA or Biopsy all skin lumps Neuro: Exercise-induced collapse (EIC) – **genetic screening** Orthopedic – ACL tear – client education; Myasthenia Gravis - R/O if signs; OCD - watch growth rate, Client education, X-ray if signs; Hip Dysplasia - **hip X-rays while young**, Client education Renal dysplasia - **annual U/A, chem panel when young**

Great Dane

Behavior: Fearful or aggressive DCM, esp. males: **Annual ECG, annual echo > age 5** Derm: Lip fold pyoderma; Pododermatitis; Zinc-responsive Dermatosis GDV - Client education, **offer stomach tack at spay/neuter** Hypothyroidism, age 2-6 - **T4 annually > age 2** Ophthalmic: Ectropion/entropion; cataracts, typical onset 2 yrs old Orthopedic: OCD, Wobblers Osteosarcoma- **X-rays if lame**

<u>Greater Swiss Mountain Dog</u> DCM, esp. males: **Annual ECG, annual echo > age 5** Hypothyroidism - **T4 annually > age 5 or sooner prn** Lip fold pyoderma Orthopedic: ACL – Client education, Pet insurance; Hip dysplasia - **X-ray hips while young;** OCD, Wobblers, OSA - X-ray if signs Osteosarcoma- **X-rays if lame**

<u>Great Pyrenees</u> Behavior: Fearful or aggressive DCM, esp. males: **Annual ECG, annual echo > age 5** Derm: Lip fold pyoderma; Pododermatitis, Zinc-responsive Dermatosis GDV - Client education, **offer stomach tack at spay/neuter** Hypothyroidism - **T4 annually > age 5 or sooner prn** Orthopedic: ACL – Client education, Pet insurance; Hip dysplasia – **X-ray hips while young**; OCD, Wobblers, OSA - X-ray if signs Osteosarcoma- **X-rays if lame**



Greyhound

Derm: Alopecia, mostly females; Hypothyroidism - T4 early & annually but be aware normal is lower for the breed Drug sensitivity: Barbiturates - avoid use GDV: Client education, offer stomach tack w/ spay/neuter Hypertension & High PCV - Annual BP & PCV Ophthalmic: Pannus Orthopedic: Polyarthritis, exertional myopathy - R/O if signs Osteosarcoma - X-rays if lame Periodontal Dz - Frequent dentals, Porphyromonas vaccine

<u>Irish Setter, Gordon Setter</u> Derm: Atopy, Lip fold pyoderma; Malassezia; Mats, burrs & hot spots GI: FB; GDV Laryngeal Paralysis - Client education Neoplasia: Sebaceous gland cysts, Hemangiopericytoma, Lymphoma, Melanoma, Insulinoma Ophthalmic: Refractory Corneal Ulcers, Glaucoma, Cataracts, PRA

<u>Irish terrier</u> Derm: Footpad hyperkeratosis Neoplasia: Melanoma - Remove suspicious lumps

Irish Wolfhound

DCM – **annual ECG, echo annually after age 5** GDV – Client education, offer stomach tack at spay or neuter Hypothyroid, age 2-6 – **T4 annually** Haemophilia: Von Willebrand's - **ACT before Surgery** Ophthalmic: Cataracts ages 1-2 or 5-7, PRA Orthopedic: Hip dysplasia – X-rays while young; OCD - watch growth rate, good diet; Patellar Luxation, Wobblers Osteosarcoma- **X-rays if lame**

<u>Italian Greyhound & whippet</u> Alopecia Drug sensitivity – barbiturates Broken legs – advise pet insurance Ophtho: Cataracts, glaucoma about age 2 – **annual IOP** Periodontal Dz - Frequent dentals, **Porphyromonas vaccine**

<u>Jack Russel Terrier</u> Cushings: PDH Diabetes: Wt. control, Client education Malassezia Ophthalmic: Cataract, Lens Luxation Orthopedic: Patellar Luxation Periodontal Dz - Frequent dentals, **Porphyromonas vaccine**



<u>Keeshond</u> Derm: Stress alopecia; Mats, burrs & hot spots Diabetes (older intact females most at risk) – Wt. control, Client education Ophthalmic: Cataracts, Glaucoma - **annual IOP** Nasal tumors

Labrador Retriever ACL - Client education, avoid jumping, Pet Insurance **Cushings - Adrenal Tumors** Derm: Atopy, Contact Hypersensitivity, Food Allergy - R/O if signs, consistent diet. Malassezia, Otitis: Pododermatitis - check feet, good diet GI: FB ingestion!! L-P colitis, Megaesophagus; Perianal fistula – work-up if signs occur, Client education re: pet proofing Haemophilia: Type B or IX - **BBT before Surgery** Hemangiosarcoma - Client education, CBC w/ senior screens Hypothyroidism – can start very young, annual T4 > age 6 or sooner of signs IMHA/IMTP: Client education w/ vacc. release Laryngeal paralysis - Client education Neoplasia: Lymphoma, MCT - FNA/Biopsy all lumps Neuro: Epilepsy; Exercise-induced collapse (EIC) – genetic screening Ophthalmic: Primary Glaucoma - **IOP annually > age 6** Orthopedic: ACL tear - client education; OCD - watch growth rate, X-ray if signs; Hip Dysplasia - Xray while young, Client education Otitis - Client education, weekly ear cleaning

<u>Lhasa apso</u>

Cardiac: MVI - work-up if murmur develops

Derm: Atopy, food allergy - Client education; Lip fold pyoderma

GI: Pyloric stenosis

Neuro: Hydrocephalus, IVDD - Client education, avoid jumping

Ophthalmic: Cataracts; Refractory Corneal ulcers - Client education. PRA; Entropion; Distichiasis; KCS, pigmentary keratitis - **STT annually**. Cherry eye - Client education.

Periodontal Disease - Porphyromonas vacc.

Resp: Tracheal collapse

Renal: Dysplasia, uroliths - annual U/A

Malamute Behavior: Strong prey drive Derm: Demodex, generalized - skin scrape suspicious lesions; Follicular dysplasia; Zinc-responsive dermatosis Diabetes: Older females - Client education Hypothyroidism - Annual T4 Neoplasia: Anal Gland Carcinoma, Sebaceous Gland Tumors Ophthalmic: Refractory Corneal Ulcers, Corneal Dystrophy, Cataracts, Glaucoma about age 6 annual IOP, PRA

Maltese

Derm: Mats, burrs & hot spots MVI: work-up if murmur develops GI: Pyloric Stenosis Glaucoma above age 6 - **IOP annually** Hydrocephalus, Hypoglycemia - R/O both if CNS signs Periodontal Disease - Frequent dentals, **Porphyromonas vacc.**

<u>Mastiff</u> Cardiac: DCM – **annual ECG** Derm: Lip fold pyoderma Orthopedic: ACL, Hip dysplasia – **X-rays while young**; OCD, Wobblers Osteosarcoma- **X-rays if lame**

<u>Miniature Pinscher</u> Behavior: Fearful Derm: Alopecia Diabetes - Client education, wt. control Ophthalmic: Pannus - **STT annually** Periodontal Disease - Frequent dentals, **Porphyromonas vacc.** Urolithiasis, cystine - **annual U/A**

<u>Newfoundland</u> Cardiac: DCM – **annual ECG** Derm: Lip fold pyoderma Orthopedic: ACL, Hip dysplasia – **X-rays while young**; OCD, Wobblers Osteosarcoma- **X-rays if lame**

<u>Norwegian Elkhound</u> Neoplasia: SCC of skin Ophtho: Cataracts; Glaucoma, avg. age of onset 4-7 years; lens luxation; Multifocal retinal dysplasia; PRA, starting at 6 weeks, vision loss by 12-18 mo. Renal: Familial Renal Disease & Fanconi syndrome, 3mo.-5 yrs of age; Primary renal glucosuria – these dogs may have normal renal function despite glucose in urine.

<u>Nova Scotia Duck Tolling Retriever</u> Hypoadrenocorticism - R/O if signs Ophthalmic: Cataracts, PRA

Old English Sheepdog Derm: Demodex, especially on paws - skin scrape if lesions; Lip fold pyoderma; Mats, burrs & hot spots; Pododermatitis; Drug sensitivity: **Can be sensitive to Ivermectin, best to use Interceptor/Sentinel** Haemophilia: Type B or IX - **BBT before Surgery** Hip Dysplasia, 5th worst breed - **hip X-rays early**, wt. control Hypothyroid, usually at 2-6 yrs - **T4 annually > age 4-5, sooner if signs** IMHA/IMTP: Client education w/ vacc. Ophtho: Cataracts, 6 mo. – 6 years; PRA at 4 yrs <u>Papillon</u> Behavior: Difficult to house train Cardiac: MVI – W/U if murmur develops Ophthalmic: Cataracts, PRA Periodontal Disease - Frequent dentals, **Porphyromonas vacc.**

Pekingese Derm: Flea allergy; Pododermatitis - check feet; Skin fold excess Drug sensitivity: Rabies-vaccine-associated vasculitis and alopecia GI: Pyloric stenosis; HGE, usually 2-4 yrs of age Hydrocephalus: Check for open fontanelles, R/O if signs IVDD: Wt. control, no jumping, Client education MVI – work-up if murmur detected Neoplasia: SCC Ophthalmic: Cataracts; Corneal ulcers; KCS & pigmentary keratitis- **STT annually**, Client education; Proptosis – harness, no choke collars Ortho: Elbow dysplasia Periodontal Disease: Frequent dentals, **Porphyromonas vaccine** Repro: Cryptorchidism, umbilical & perianal hernias – check puppies carefully for these problems Resp: Heat stroke; Respiratory dysplasia: **Discuss at last puppy visit, estimate for soft palate surgery w/ spay/neuter estimate, DVM to intubate**

<u>Pit Bull Terrier</u> ACL tear - Client education, Pet Insurance Behavior: Dog-aggression – Client Education **Parvovirus - extra booster at 5 mo. as puppy, annual Parvo vacc. as adults, no 3 year Parvo** MCT - FNA all skin lumps, Client education

<u>English & German Pointers</u> ACL tear - Client education, Pet Insurance Derm: Pododermatitis, Acral lick granulomas; Discoid lupus; acne; black hair follicular dysplasia; Truncal solar dermatitis; Zinc-responsive Dermatitis Haemophilia: Von Willebrand's - **BBT before Sx** Neoplasia: Cutaneous hemangioma (English); MCT; nasal tumors (GSHP) Ophtho: Pannus - **STT annual;** Cataracts – English at 2-3 yrs, Germans at 6-18 mo; PRA; Corneal dystrophy (English) at 6 yrs; Eversion of nictitating membrane (GSHP)

Pomeranian

Cardiac: MVI; SSS - **ECG annually** Derm: Mats, burrs & hot spots; Pododermatitis Hydrocephalus: Check for open fontanelles, R/O if signs Hypothyroidism, age 2-6 – **T4 early** Ophthalmic: Cataracts, PRA by age 6 Orthopedic: Atlantoaxial subluxation; Elbow dysplasia – Client education; Patellar Luxation, Periodontal Disease: Frequent Dentals, **Porphyromonas Vaccine** Repro: Cryptorchidism, inguinal hernias, testicular cancer – neutering recommended



Tracheal Collapse - X-ray trachea if coughing

Miniature, toy and teacup Poodle Cardiac: MVI - work-up if murmur develops, include echo Cushings: PDH & Adrenal Derm: Alopecia, Cushing's Dz, Seborrhea, Malassezia; Otitis - regular ear cleaning & plucking; Anal sac disease, sometimes psychogenic Diabetes - Wt. management, Client education Drug sensitivity: Alopecia from injectable steroids, use oral if possible GI: HGE in Toy & Miniature; Perineal hernia, intact males predisposed Hemophilia: Von Willebrand's - BBT before surgery Hydrocephalus - check for open fontanelles, R/O if signs IMHA/IMTP - Client education w/ Vaccine Release IVDD - Wt. control, no jumping, Client education Neoplasia: Lymphoma, oral melanoma - check mouth carefully Neuro: Epilepsy Ophthalmic: Cataracts, Distichiasis & Glaucoma (Min. & Toy) - IOP annually; Pigmentary Keratitis -**STT annually**; PRA Orthopedic: Legg-Calve-Perthes, Patellar Luxation Periodontal Disease - Frequent Dentals, Porphyromonas Vaccine Renal dysplasia - annual U/A Repro: Cryptorchidism Tracheal Collapse - X-ray trachea if signs Urolithiasis: Struvite, Calcium Oxylate - annual U/A

Standard poodle

ACL - Client education, Pet Insurance

DCM, esp. Standards, > risk w/ age – annual ECG

GDV - Client education, offer stomach tack at spay/neuter

Hypoadrenocorticism - R/O if signs

Neoplasia: Insulinoma; oral melanoma - check mouth carefully; SCC of the toe

Ophtho: Cataracts

Otitis – Client education

Renal dysplasia – annual U/A, chem. panel when young

Zinc-responsive dermatosis

Portuguese water dog Behavior: Males sometimes aggressive DCM - Client education, **annual ECG** Derm: Alopecia (pattern baldness at early age) Ophthalmic: Cataracts; Distichiasis - R/O if corneal ulcers; PRA

<u>Pug</u>

Derm: Atopy, Alopecia - Client education; Skin fold excess Dystocia - Client education if breeding Heat stroke - no heavy exercise in hot/humid weather, avoid car rides in hot weather, Client education Neoplasia: MCT, oral melanoma - FNA/Biopsy all lumps, check mouth carefully



Ophthalmic: Corneal ulcers, KCS - Client education, **STT annually;** Proptosis Orthopedic: Legg-Calve-Perthes; Patellar luxation Respiratory Dysplasia - **Discuss Surgery at last puppy visit, Rx soft palate surgery estimate to do** w/ spay/neuter estimate, **DVM to intubate**

<u>Rat Terrier</u> Behavior: Often snappy Patellar luxation Periodontal Dz: Frequent dentals, **Porphyromonas Vaccine**

<u>Rhodesian ridgeback</u> Derm: Zinc-responsive Dermatosis Hypothyroidism – **T4 annually > age 6** Laryngeal paralysis – Client education Ophthalmic: Cataracts Ortho: ACL – Client education, Pet insurance; Hip dysplasia – **x-rays when young**; OCD Osteosarcoma- **X-rays if lame**

<u>Rottweiler</u> Behavior: Males may be aggressive GI: Eosinophilic IBD Hypothyroidism – **T4 annually > age 6** Neoplasia: SCC of the digit, Osteosarcoma- **X-rays if lame** Ophthalmic: Cataracts age 2; Corneal ulcers - Client education Ortho: ACL - Client education, Pet Insurance; Hip Dysplasia - **X-rays early**, Client education; OCD – Control growth rate Parvovirus susceptibility: **extra Parvo vacc. at 5 mo. of age, annual Parvo vacc., no 3 yr Parvo**

<u>St. Bernard</u> DCM – **annual ECG** Derm: Lip fold pyoderma Ortho: ACL - Client education, Pet Insurance; Hip Dysplasia - **X-rays early**, Client education; OCD – Control growth rate Osteosarcoma- **X-rays if lame** Otitis – Client education

<u>Samoyed</u> Diabetes – **Weight control**, Client education Ophthalmic: Cataracts age 2-4, Refractory Corneal Ulcers, Corneal Dystrophy, Primary Glaucoma -**IOP annually**

<u>Schipperke</u> Diabetes – weight control, annual blood & urine screening starting by age 4 (age of onset 4-14 years, avg. 7-9) Ophthalmic: Cataracts, PRA Patellar luxation Periodontal Dz: Frequent dentals, **Porphyromonas Vaccine** <u>Schnauzer</u>

Behavior: Snappy, not always good w/ children/strangers, males worse Derm: Atopy, Food Allergy, Seasonal Flank Alopecia, Comedo syndrome; Malassezia; Otitis Diabetes: Wt. control, Client education, **annual blood & urine screening** GI: Megaesophagus, HGE, Pancreatitis, Food Allergy Lipemia - **12 hour fast before blood draws** MVI - Cardiac work-up if murmur detected Neoplasia: Melanoma, esp. of digits - Remove suspicious lumps Ophthalmic: Cataracts; KCS - **STT annually > age 6** Periodontal Disease: Frequent Dentals, **Porphyromonas Vaccine** Portosystemic shunt - W/U if signs Renal Dysplasia - **annual U/A** Sick Sinus Syndrome - **ECG annually** Urolithiasis: Ammonium Urate secondary to PSS, all other kinds as well - annual U/A

<u>Giant Schnauzer</u> ACL- Client education, Pet Insurance Cataracts GDV- Client education, **offer stomach tack at spay/neuter** Hypothyroid - **T4 annually > age 6**, sooner if signs Giant Schnauzers SCC of digits

<u>Scottish Terrier</u> Derm: Atopy - Client education; Demodex - skin scrape lesions Dystocia - Client education if breeding Hemophilia: B, IX & Von Willebrand's - **BBT before Surgery** Neoplasia: Bladder cancer - **annual U/A**, Client instructions to not use lawn chemicals wh/ act as trigger; lymphoma; MCT; Melanoma - FNA/Biopsy all lumps Orthopedic: Scottie Cramp; Osteopathy

<u>Shar Pei</u>

Behavior: Many are aggressive
Derm: Atopy - Client education; ; Demodex - skin scrape suspicious lesions; Food allergy - consistent diet;; Lip fold pyoderma; Malassezia; MCT at very young ages, FNA lumps early; Mucinous
Dermatitis; Otitis; Seborrhea; Skin fold excess
Familial Shar Pei Fever - Client education
GI: GDV; Megaesophagus, HGE, Pancreatitis
Neoplasia: MCT at very young age, FNA lumps early
Ophtho: Entropion/ectropion, may need multiple surgeries to correct – Client education; cataracts; glaucoma – annual IOP; lens luxation
Ortho: ACL tear – Client education, Pet insurance; Hip Dysplasia - X-rays early, Client education
Renal Dysplasia: Amyloidosis - annual U/A

<u>Shetland Sheepdog</u> Collie Eye Anomaly - Client education if breeding Derm: Dermatomyositis – Biopsy if lesions; Malassezia - good diet & fatty acids; Seborrhea



Drug sensitivity: No Ivermectin, **use Interceptor/Sentinel** Hemophilia: B, IX, Von Willebrand's - **BBT before Surgery** Hip Dysplasia - **X-rays early**, Client education Ophthalmic: KCS (**Normal STT is 16**) - **STT annually** Orthopedic: Polyarthritis, Ligament Laxity Periodontal Dz: Frequent dentals, **Porphyromonas Vaccine** Repro: Cryptorchidism, testicular tumors

<u>Shih Tzu</u>

Derm: Atopy - Client education Drug Sensitivity: **Alopecia from injectable steroids, use oral if possible** IVDD - Wt. control, avoid jumping, Client education MVI: work-up if murmur develops Ophthalmic: Corneal ulcers; Pigmentary Keratitis, KCS - **annual STT;** Proptosis Periodontal Dz: Frequent dentals, **Porphyromonas Vaccine** Renal Dysplasia & Glucosuria - **annual U/A** Resp: Tracheal collapse Urolithiasis: All kinds - **annual U/A**

<u>Siberian Husky</u> Behavior: Strong prey drive Derm: Discoid Lupus; Eosinophilic Granuloma; Nasal Depigmentation - Biopsy suspected lesions; Zinc-responsive dermatosis Hypertension - **BP annually** Laryngeal Paralysis - Client education Neoplasia: Basal cell tumors, sebaceous gland tumors, Hemangiopericytoma, perianal gland adenomas, testicular cancer Neuro: Epilepsy Ophthalmic: Juvenile Cataracts; Corneal Dystrophy; Pannus - **STT annually**; Primary Glaucoma -**IOP annually**; PRA

Springer Spaniel

Behavior: Females may be fearful, males may be aggressive. Springer Rage Syndrome
Derm: Acral lick dermatitis; Food Allergy, Lip fold pyoderma; Malassezia; Seborrhea IMHA/IMTP - Client education w/ Vaccine Release
Neoplasia:Histiocytoma, Melanoma, Hemangioma (cutaneous), Anal Sac Carcinoma
Ophthalmic: Refractory Corneal Ulcers, Corneal Dystrophy, Glaucoma – annual IOP; Cataracts, PRA, KCS & Pannus all in English Springers – annual STT
Orthopedic: Hip Dysplasia - X-rays early, Client education; Myasthenia Gravis - R/O if signs
Urolithiasis: Calcium Oxylate - annual U/A; Sphincter incontinence in females

<u>Vizsla</u> ACL tear – Client education, Pet insurance GDV – Client education, **offer stomach tack w/ spay/neuter** IMTP – Client education Ophtho: Cataracts; Glaucoma – **annual IOP;** PRA



Weimaraner ACL tear- Client education. Pet Insurance Derm: Demodex - skin scrape suspicious lesions; Pododermatitis GDV - Client education, offer stomach tack w/ spay/neuter Neoplasia: Conjunctival melanoma; MCT; Osteosarcoma - X-rays if lame Ophthalmic: Corneal ulcers - Client education; Conjunctival Melanoma - Surgery if found Welsh terrier Glaucoma, lens luxation - annual IOP West Highland White Terrier Derm: Atopy; Demodex; Food allergy - Client education, consistent diet; Malassezia, Seborrhea - good diet Chronic hepatitis – annual blood screening Ophthalmic: Cataracts; Corneal Ulcers - Client education; KCS - STT annually Orthopedic: Legg-Calve-Perthes; Little White Shakers Disease Polycystic Kidney Disease - annual U/A Wheaton Terrier Derm: Atopy, Food allergy - Client education, consistent diet; Malassezia, Seborrhea - good diet **Ophthalmic:** Cataracts Orthopedic: Legg-Calve-Perthes; Little White Shakers Disease GN, Polycystic Kidney Disease - annual U/A Yorshire Terrier Cushing's: PDH Drug sensitivity: Alopecia from injectable steroids, use oral if possible. Vasculitis at site of Rabies vacc. GI: Portosystemic shunt, often microvascular Hydrocephalus Hypertension - annual BP MVI: work-up when murmur develops Ophthalmic: Cataracts as young adults; KCS - STT annually Orthopedic: Atlanto-axial subluxation; Legg-Calve-Perthes, Patellar Luxation Periodontal Dz: Frequent dentals, Porphyromonas Vaccine Repro: Cryptorchidism Tracheal Collapse - X-ray trachea if coughing Urolithiasis: All kinds - annual U/A



BREED RISK RECOMMENDATIONS <u>AFGHAN HOUND</u>

Many disease problems are genetic or inherited. Certain breeds are at risk for certain diseases. This doesn't mean that just because your dog belongs to a certain breed he will always develop these problems – it just means that he's more at risk than the average dog. It also doesn't mean that these are the only

diseases your pet could get – life is not that simple. It does, however, help to guide the medical care your pet needs.

Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Cardiomyopathy: Dilatative Cardiomyopathy, or DCM, is a deadly heart problem. Most people who require heart transplants do so because of this disease, in which the heart becomes larger, thinner & weaker until it can no longer effectively pump blood to the body. Signs may be gradual heart failure

or sometimes sudden death from an irregular heart rhythm. Watch for weakness or acting tired; fainting or collapse; labored breathing or coughing.

Recommendations: Annual ECG screening after age 1, to look for abnormal heart rhythms (picture at right).

ProBNP blood testing to detect heart enlargement is also recommended. If abnormalities are detected, an echocardiogram will confirm the diagnosis. An echocardiogram is recommended annually after about age five or six.



Hypothyroidism: many breeds are prone to this common condition, in which the body is not making enough thyroid hormone. It is most common in middle aged or older large breed dogs, though it has been documented in dogs less than a year of age, and in most breeds. Symptoms include dry skin and coat, hair loss, and susceptibility to other skin diseases such as seborrhea; weight gain; lethargy; mental dullness, sleeping excessively, fearfulness, aggression or other behavioral changes; high cholesterol levels. The lower the thyroid level, the more of these signs are likely to be present.

Treatment of the disease is simple. We supplement with oral thyroid medication that artificially replaces the hormones the dog is not producing.

Recommendation: Blood testing annually beginning at age 4-6, the age when many Afghans start to develop this problem.

Videos: adult - GDV, senior - Arthritis



BREED RISK RECOMMENDATIONS <u>AIREDALE TERRIER</u>



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Recommendations:

Annual ECG screening after age 1, to look for abnormal heart rhythms (picture at right).

ProBNP blood testing to detect heart enlargement is also recommended. If abnormalities are detected, an echocardiogram will confirm the diagnosis. An echocardiogram is recommended annually after about age five or six.



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Treatment of the disease is simple. We supplement with oral thyroid medication that artificially replaces the hormones the dog is not producing.

Recommendation: Blood testing annually beginning at age 6-9, sooner if symptoms develop.

Keratoconjunctivitis sicca, **dry eye:** also known as KCS, this is a disease in which the tear glands no longer produce enough tears to keep the eye moist. Eye ulcers and infections result. This is a painful condition that can be diagnosed and treated before symptoms appear.



Diagnosis of KCS is simple. A paper strip is tucked under the lower eyelid. Tears soak the strip.

After 1 minute we look to see how many millimeters of the strip became wet. This test is called a Schirmer tear test, or STT. A reading under 15 is low. 16-18 is borderline, and above that is normal. Treatment consists of eye ointment that will be necessary for the remainder of the pet's life.

Recommendation: The STT should be done at least once a year once a pet reaches age 9, sooner if symptoms become apparent.

Lymphoma, also known as lymphosarcoma, is a common form of cancer in dogs. In this disease, the body forms abnormal



lymphocytes, which are a type of white blood cell. Because white blood cells can be found throughout the body, this cancer can show up almost anywhere. Symptoms include swollen lymph nodes, an enlarged spleen or liver, intestinal disease, skin nodules, weight loss or fever. Occasionally it shows up in the eyes, brain or spinal cord, the kidneys, the lungs or elsewhere.

Lymphoma is a very treatable form of cancer, with an 80% success rate in dogs receiving chemotherapy. Early diagnosis improves prognosis.

Recommendation: Lymphoma is one of the few types of cancer that can sometimes be found with a complete blood count. Blood testing at least twice a year after age 5 may allow an early diagnosis. Watch for swollen glands, panting or labored breathing and weight loss, and call us if any signs appear.

Videos: What Is Breed-Specific Wellness; Senior - Eye Diseases, Arthritis

BREED RISK RECOMMENDATIONS <u>AKITA</u>



Many disease problems are genetic or inherited. Certain breeds are at risk for certain diseases. This doesn't mean that just because your dog belongs to a certain breed he will always develop these problems – it just means that he's more at risk than the average dog. It also doesn't mean that these are the only diseases your pet could get – life is not that simple. It does, however, help to guide the medical care your pet needs.

Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Diabetes is common in some breeds. It usually develops in mid-life, between 3 and 10 years of age. Signs include drinking & urinating much more than normal, and weight loss despite a good appetite. If you notice your dog drinking more water, call us right away. This is one of the most common symptoms of illness in dogs, yet one frequently ignored by pet owners.

Recommendation: Annual blood and urine screening, sooner if symptoms are present. Weight control is very important to prevent and control diabetes.

Glaucoma is an extremely painful disease that rapidly leads to blindness. People describe it as feeling as if you are being stabbed in the eye with an ice pick. The eyeball is a tough, rubbery ball containing fluid. The fluid inside the eye is produced by cells within the eye, and this fluid drains back out of the eye via tiny drainage channels. When the fluid cannot drain out as fast as it is being produced it builds up, causing stretching and swelling of the eyeball. The fluid pressure is not only very painful, but it literally crushes the delicate cells lining the retina, quickly leading to blindness. In Beagles glaucoma usually starts between the ages of two and five.



Recommendation: Annual glaucoma screenin. The test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 7, sooner if symptoms develop.

Videos: what Is Breed-Specific Wellness; Senior - Eye Diseases, Arthritis, Fatty Acids





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Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. There are half a dozen different types of stones that can form, and certain breeds of dog are prone to certain types of stones. Cattle dogs are prone to stones made of cysteine.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary.

Videos: What Is Breed-Specific Wellness; Seniors - Arthritis, Fatty Acids

BREED RISK RECOMMENDATIONS <u>AUSTRALIAN SHEPHERD</u>

Many disease problems are genetic or inherited. Certain breeds are at risk for certain diseases. This doesn't mean that just because your dog belongs to a certain breed he will always develop these problems – it just means that he's more at risk than the average dog. It also doesn't mean that these are the only diseases your pet could get – life is not that simple. It does, however, help to guide the medical care your pet needs.

Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Drug Sensitivity: Some breeds of dogs do not do well with certain medications. Herding breeds can inherit a gene called MDR1, that affects how they process about twenty different drugs, some of which are commonly used. These drugs should be avoided in these breeds but we can't know to do that without genetic testing.

Recommendations: MDR1 DNA testing should be done once, early in your dog's life.

Videos: MDR1; Seniors – Arthritis, Fatty Acids



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Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Fanconi Syndrome: Basenjis have a serious inherited disease problem called Fanconi Syndrome. Excellent materials are available at Basenji Breed Association websites (try Basenjicompanions.org, Basenjiclub.com or caninegeneticdiseases.net). It is important that you understand this disease and how to monitor for it.

Recommendations: Basenjis should be <u>urine tested monthly for urine glucose (sugar)</u>, ketones and protein, any of which will start to show up in the urine when Fanconi Syndrome begins. Test strips can be purchased through your veterinarian and are simple to use. Catch a teaspoon or two of urine from your dog, dip the little test strip into the urine and compare the color change on each little test pad with the results key. Any posistive findings should be reported to your veterinarian. If diagnosed and treated early it is very treatable. If diagnosed late, irreversible kidney damage results and is usually fatal.

Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. There are half a dozen different types of stones that can form, and certain breeds of dog are prone to certain types of stones.

Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a pet, usually male, unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary.

Videos: Check Basenji website

BREED RISK RECOMMENDATIONS <u>BASSET HOUND</u>

Many disease problems are genetic or inherited. Certain breeds are at risk for certain diseases. This doesn't mean that just because your dog belongs to a certain breed he will always develop these problems – it just means that he's more at risk than the average dog. It also doesn't mean that these are the only diseases your pet could get – life is not that simple. It does, however, help to guide the medical care your pet needs.



Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Hemophilia: There are several types of inherited bleeding disorders, or coagulopathies, which occur in dogs. They range in severity from very mild to very severe. Many times a pet seems normal until a serious injury occurs or surgery is performed, and then severe bleeding can result.

Recommendation: DNA test when a pet is young. If no DNA test has been done a Buccal Bleeding Time can be done at the time of surgery. There is also a specific blood test for Von Willebrand's disease prior to surgery.

Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a pet, usually male, unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary.

Videos: What Is Breed-Specific Wellness, How to Clean Ears; Seniors - Arthritis, Fatty Acids

BREED RISK RECOMMENDATIONS <u>BEAGLE</u>

Many disease problems are genetic or inherited. Certain breeds are at risk for certain diseases. This doesn't mean that just because your dog belongs to a certain breed he will always develop these problems – it just means that he's more at risk than the average dog. It also doesn't mean that these are the only diseases your pet could get – life is not that simple. It does, however, help to guide the medical care your pet needs.



Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Glaucoma is an extremely painful disease that rapidly leads to blindness. People describe it as feeling as if you are being stabbed in the eye with an ice pick. The eyeball is a tough, rubbery ball containing fluid. The fluid inside the eye is produced by cells within the eye, and this fluid drains back out of the eye via tiny drainage channels. When the fluid cannot drain out as fast as it is being produced it builds up, causing stretching and swelling of the eyeball. The fluid pressure is not only very painful, but it literally crushes the delicate cells lining the retina, quickly leading to blindness. In Beagles glaucoma usually starts between the ages of two and five.



Recommendation: Annual glaucoma screening for all adult and senior Beagles. The test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Lymphoma, also known as lymphosarcoma, is a common form of cancer in dogs. In this disease, the body forms abnormal lymphocytes, which are a type of white blood cell. Because white blood cells can be found throughout the body, this cancer can show up almost anywhere. Symptoms include swollen lymph nodes, an enlarged spleen or liver, intestinal disease, skin nodules, weight loss or fever. Occasionally it shows up in the eyes, brain or spinal cord, the kidneys, the lungs or elsewhere.

Lymphoma is a very treatable form of cancer, with an 80% success rate in dogs receiving chemotherapy. Early diagnosis improves prognosis.

Recommendation: Lymphoma is one of the few types of cancer that can sometimes be found with a complete blood count. Blood testing at least twice a year after age 5 may allow an early diagnosis. Watch for swollen glands, panting or labored breathing and weight loss, and call us if any signs appear.

Videos: IVDD, Eye diseases, Periodontal Disease

BREED RISK RECOMMENDATIONS BERNESE MOUNTAIN DOG



<u>DEKNESE WIUUNTAIN DUG</u>

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Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Cardiomyopathy: Dilatative Cardiomyopathy, or DCM, is a deadly heart problem. Most people who require heart transplants do so because of this disease, in which the heart becomes larger, thinner & weaker until it can no longer effectively pump blood to the body. Signs may be gradual heart failure

or sometimes sudden death from an irregular heart rhythm. Watch for weakness or acting tired; fainting or collapse; labored breathing or coughing.

Recommendations: Annual ECG screening after age 1, to look for abnormal heart rhythms (picture at right). ProBNP blood testing to

detect heart enlargement is also recommended. If abnormalities are detected, an echocardiogram will confirm the diagnosis. An echocardiogram is recommended annually after about age five or six.



Glomerulonephropathy: GN is an inherited form of kidney disease. It slowly damages the kidneys, so affected dogs suffer kidney failure, often at an early age. Various infections and other illnesses can also lead to GN.

Damaged kidneys leak protein, so the disease is diagnosed by testing for excessive protein in the urine. The earlier the disease is diagnosed, the more we can help your pet. Urine samples should be checked annually for excess protein levels. Special diets help to support kidney function, thereby lengthening & improving life.

Recommendation: Annual protein/creatinine ratio urine test after age 1.

Videos: What is Breed-Specific Wellness, GN in Wheatens, Fatty Acids, Arthritis



BREED RISK RECOMMENDATIONS <u>**BICHON FRISE</u>**</u>



Many disease problems are genetic or inherited. Certain breeds are at risk for certain diseases. This doesn't mean that just because your dog belongs to a certain breed he will always develop these problems – it just means that he's more at risk than the average dog. It also doesn't mean that these are the only diseases your pet could get – life is not that simple. It does, however, help to guide the medical care your pet needs.

Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Hemophilia: There are several types of inherited bleeding disorders, or coagulopathies, which occur in dogs. They range in severity from very mild to very severe. Many times a pet seems normal until a serious injury occurs or surgery is performed, and then severe bleeding can result.

Recommendation: DNA test when a pet is young. If no DNA test has been done a Buccal Bleeding Time can be done at the time of surgery.

Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a pet, usually male, unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary.

Videos: What is Breed-Specific Wellness, Periodontal disease

BREED RISK RECOMMENDATIONS <u>BLOODHOUND/COONHOUND</u>

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Keratoconjunctivitis sicca, dry eye: also known as KCS, this is a disease in which the tear glands no longer produce enough tears to keep the eye moist. Eye ulcers and infections result. This is a painful condition that can be diagnosed and treated before symptoms appear.

Diagnosis of KCS is simple. A paper strip is tucked under the lower eyelid. Tears soak the strip. After 1 minute we look to see how many millimeters of the strip became wet. This test is called a Schirmer tear test, or STT. A reading under 15 is low. 16-18 is borderline, and above that is normal. Treatment consists of eye ointment that will be necessary for the remainder of the pet's life.

Recommendation: The STT should be done at least once a year once a pet reaches age 9, sooner if symptoms become apparent.

Videos: Eye Diseases, Arthritis, Fatty Acids, How to Clean Your Dog's Ears







BREED RISK RECOMMENDATIONS BORDER COLLIE



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Drug Sensitivity: Some breeds of dogs do not do well with certain medications. Herding breeds can inherit a gene called MDR1, that affects how they process about twenty different drugs, some of which are commonly used. These drugs should be avoided in these breeds but we can't know to do that without genetic testing.

Recommendations: MDR1 DNA testing should be done once, early in your dog's life.

Glaucoma is an extremely painful disease that rapidly leads to blindness. People describe it as feeling as if you are being stabbed in the eye with an ice pick. The eyeball is a tough, rubbery ball containing fluid. The fluid inside the eye is produced by cells within the eye, and this fluid drains back out of the eye via tiny drainage channels. When the fluid cannot drain out as fast as it is being produced it builds up, causing stretching and swelling of the eyeball. The fluid pressure is not only very painful, but it literally crushes the delicate cells lining the retina, quickly leading to blindness.

Recommendation: Annual glaucoma screening for senior

border collies. The test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Keratoconjunctivitis sicca, dry eye: also known as KCS, this is a disease in which the tear glands no longer produce enough tears to keep the eye moist. Eye ulcers and infections result. This is a painful condition that can be diagnosed and treated before symptoms appear.

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Recommendation: The STT should be done at least once a year once a pet reaches age 9, sooner if symptoms become apparent.

Videos: MDR1; Seniors - Eye Diseases, Fatty Acids, Arthritis





BREED RISK RECOMMENDATIONS <u>BOSTON TERRIER</u>

Many disease problems are genetic or inherited. Certain breeds are at risk for certain diseases. This doesn't mean that just because your dog belongs to a certain breed he will always develop these problems – it just means that he's more at risk than the average dog. It also doesn't mean that these are the only diseases your pet could get – life is not that simple. It does, however, help to guide the medical care your pet needs.

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Recommendation: Annual glaucoma screening for adult and

senior Boston terriers. The test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

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Diagnosis of KCS is simple. A paper strip is tucked under the lower eyelid. Tears soak the strip. After 1 minute we look to see how many millimeters of the strip became wet. This test is called a Schirmer tear test, or STT. A reading under 15 is low. 16-18 is borderline, and above that is normal. Treatment consists of eye ointment that will be necessary for the remainder of the pet's life.

Recommendation: The STT should be done at least once a year once a pet reaches age 9, sooner if symptoms become apparent.

Videos: Periodontal Disease; Seniors - Eye Diseases









BREED RISK RECOMMENDATIONS BOUVIER DES FLANDRES

Many disease problems are genetic or inherited. Certain breeds are at risk for certain diseases. This doesn't mean that just because your dog belongs to a certain breed he will always develop these problems – it just means that he's more at risk than the

average dog. It also doesn't mean that these are the only diseases your pet could get – life is not that simple. It does, however, help to guide the medical care your pet needs.

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Recommendation: Annual glaucoma screening for seniors. The

test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Videos: Fatty Acids; Seniors - Eye Diseases, Arthritis





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Arrhythmogenic right ventricular cardiomyopathy: This is an extremely dangerous form of heart disease, known as ARVC. It causes an abnormal heart rhythm which is usually eventually fatal. In the early stages the heart will have a few abnormal beats, called ventricular premature contractions or VPCs, here and there. These become more and more frequent, often occurring in clusters, and eventually there are no normal heart contractions occurring, just abnormal ones. When this happens the dog will usually die, often quite suddenly.

Recommendation: There is a genetic test available for this disease, which should be performed once, preferably at an early age, unless both parent dogs have already been tested and found negative. If a boxer has this genetic disease it should be monitored carefully for the first abnormal beats to appear on an ECG screen. This means an ECG screen at least annually, preferably using a Holter monitor, which performs a continuous ECG over a 24 hour period. For the longest life expectancy, heart medication should be started as soon as any abnormal heart rhythm is seen.

Cardiomyopathy: Dilatative Cardiomyopathy, or DCM, is a deadly heart problem that can occur separately from ARVC or along with it. Most people who require heart transplants do so because of this disease, in which the heart becomes larger, thinner & weaker until it can no longer effectively pump blood to the body.

Recommendations: Annual ECG screening after age 1, to look for abnormal heart rhythms. ProBNP blood testing to

detect heart enlargement is also recommended. If abnormalities are detected, an echocardiogram will confirm the diagnosis.

Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 7, sooner if symptoms develop.

Lymphoma, also known as lymphosarcoma, is a common form of cancer in dogs. In this disease, the body forms abnormal lymphocytes, which are a type of white blood cell. Because white blood cells can be found throughout the body, this cancer can show up almost anywhere. Symptoms include swollen lymph nodes, an enlarged spleen or liver, intestinal disease, skin nodules, weight loss or fever. Occasionally it shows up in the eyes, brain or spinal cord, the kidneys, the lungs or elsewhere.

Lymphoma is a very treatable form of cancer, with an 80% success rate in dogs receiving chemotherapy. Early diagnosis improves prognosis.

Recommendation: Lymphoma is one of the few types of cancer that can sometimes be found with a complete blood count. Blood testing at least twice a year after age 5 may allow an early diagnosis. Watch for swollen glands, panting or labored breathing and weight loss, and call us if any signs appear.

Videos: GDV, What is Breed-Specific Wellness; Seniors – Arthritis, Fatty Acids
BREED RISK RECOMMENDATIONS BULLDOG (AMERICAN, ENGLISH & FRENCH)



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Hemophilia (French bulldogs): There are several types of inherited bleeding disorders, or coagulopathies, that occur in dogs. They range in severity from very mild to very severe. Many times a pet seems normal until a serious injury occurs or surgery is performed, and then severe bleeding can result.

Recommendation: DNA test when a pet is young. If no DNA test has been done a Buccal Bleeding Time can be done at the time of surgery.

Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 7, sooner if symptoms develop.

Keratoconjunctivitis sicca, dry eye: also known as KCS, this is a disease in which the tear glands no longer produce enough tears to keep the eye moist. Eye ulcers and infections result. This is a painful condition that can be diagnosed and treated before symptoms appear.

Diagnosis of KCS is simple. A paper strip is tucked under the lower eyelid. Tears soak the strip. After 1 minute we look to see how many millimeters of the strip became wet. This test is called a Schirmer tear test, or STT. A reading under 15 is low. 16-18 is borderline, and above that is normal. Treatment consists of eye ointment that will be necessary for the remainder of the pet's life.



Recommendation: The STT should be done at least once a year once a pet reaches age 9, sooner if symptoms become apparent.

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swollen lymph nodes, an enlarged spleen or liver, intestinal disease, skin nodules, weight loss or fever. Occasionally it shows up in the eyes, brain or spinal cord, the kidneys, the lungs or elsewhere.

Lymphoma is a very treatable form of cancer, with an 80% success rate in dogs receiving chemotherapy. Early diagnosis improves prognosis.

Recommendation: Lymphoma is one of the few types of cancer that can sometimes be found with a complete blood count. Blood testing at least twice a year after age 5 may allow an early diagnosis. Watch for swollen glands, panting or labored breathing and weight loss, and call us if any signs appear.

Sick Sinus Syndrome: the sinus node is the part of the electrical system of the heart that signals the heart to contract, or beat. If the sinus node isn't working properly, the dog will have a very low heart rate and may faint with exercise or stress. The disease usually becomes a problem in young or middle aged Poms. Mild cases can be treated medically; severe ones require a pacemaker implant. Usually used human pacemakers are refurbished for dogs to reduce the cost.

Recommendation: ECG screening should be performed at least annually for susceptible breeds of dogs, and before any anesthetic procedure.

Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a pet, usually male, unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary.

Videos: Bulldogs, What is Breed-Specific Wellness

BREED RISK RECOMMENDATIONS <u>BULL TERRIER</u>

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Familial Renal Disease: This is a form of inherited kidney disease. It usually starts with protein loss into the urine, and progresses to kidney failure. It begins at anywhere from 1-8 years of age. Recommendation: Annual urine test for protein.

Keratoconjunctivitis sicca, dry eye: also known as KCS, this is a disease in which the tear glands no longer produce enough tears to keep the eye moist. Eye ulcers and infections result. This is a painful condition that can be diagnosed and treated before symptoms appear.

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Recommendation: The STT should be done at least once a year once a pet reaches age 9, sooner if symptoms become apparent.

Videos: What is Breed-Specific Wellness, Eye Diseases

BREED RISK RECOMMENDATIONS <u>CAIRN TERRIER</u>



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Diabetes is common in some breeds. It usually develops in mid-life, between 3 and 10 years of age. Signs include drinking & urinating much more than normal, and weight loss despite a good appetite. If you notice your dog drinking more water, call us right away. This is one of the most common symptoms of illness in dogs, yet one frequently ignored by pet owners.

Recommendation: Annual blood and urine screening, sooner if symptoms are present. Weight control is very important to prevent and control diabetes.

Glaucoma is an extremely painful disease that rapidly leads to blindness. People describe it as feeling as if you are being stabbed in the eye with an ice pick. The eyeball is a tough, rubbery ball containing fluid. The fluid inside the eye is produced by cells within the eye, and this fluid drains back out of the eye via tiny drainage channels. When the fluid cannot drain out as fast as it is being produced it builds up, causing stretching and swelling of the eyeball. The fluid pressure is not only very painful, but it literally crushes the delicate cells lining the retina, quickly leading to blindness.

Recommendation: Annual alaucoma screening for seniors. The



test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Keratoconjunctivitis sicca, dry eye: also known as KCS, this is a disease in which the tear glands no longer produce enough tears to keep the eye moist. Eye ulcers and infections result. This is a painful condition that can be diagnosed and treated before symptoms appear.

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Recommendation: The STT should be done at least once a year once a pet reaches age 9, sooner if symptoms become apparent.



Hemophilia: There are several types of inherited bleeding disorders, or coagulopathies, that occur in dogs. They range in severity from very mild to very severe. Many times a pet seems normal until a serious injury occurs or surgery is performed, and then severe bleeding can result.

Recommendation: DNA test when a pet is young. If no DNA test has been done a Buccal Bleeding Time can be done at the time of surgery.

Portosystemic shunt: In this disorder some of the blood supply that should go to the liver goes around it instead, depriving the liver of the blood flow it needs to grow and function. A small, poorly nourished liver cannot remove toxins from the bloodstream properly, leading to the build-up of these toxic waste materials, such as ammonia and bile acids, in the bloodstream. Affected animals have trouble handling drugs and anesthetics, and in severe cases high blood ammonia levels cause neurological signs.

Recommendation: Liver testing before surgery in addition to a standard pre-anesthetic panel.

Videos: What is Breed-Specific Wellness, Eye Diseases, Periodontal Disease



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Cardiomyopathy: Dilatative Cardiomyopathy, or DCM, is a deadly heart problem. Most people who require heart transplants do so because of this disease, in which the heart becomes larger, thinner & weaker until it can no longer effectively pump blood to the body. Signs may be gradual heart failure or sometimes sudden death from an irregular heart rhythm.

In Cavaliers and English cocker spaniels, DCM usually begins with a heart murmur.

Recommendation: An echocardiogram is recommended once a heart murmur develops. ProBNP blood testing, to look at a cardiac enzyme that is a marker for heart disease, is also recommended annually for senior Cavaliers.

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Recommendation: The STT should be done at least once a year once a pet reaches age 9, sooner if symptoms become apparent.

Platelet abnormalities: Cavs tend to have unusually large platelets and fewer of them. This is not usually harmful but may be noticed if your pet has a complete blood count test. The problem comes in if your pet develops an autoimmune disease that affects the platelets. Without knowing what is normal for your pet it is difficult to diagnose the disease.

Recommendation: A complete blood count, or CBC, should be done as a young adult so we know what is normal for the particular dog.

Videos: What is Breed-Specific Wellness, Eye Diseases, Periodontal Disease



BREED RISK RECOMMENDATIONS CHESAPEAKE BAY RETRIEVER



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Degenerative myelopathy (DM): This is usually a disease of older dogs wherein the hind legs become progressively weaker. Unfortunately, this disease is poorly understood and so far there is no effective treatment available, although some dogs do better with acupuncture, special diets and canine rehabilitation (physical therapy).

It can be difficult to tell whether hind leg weakness is due to DM or one of the many other diseases, such as hip arthritis or lumbosacral disc disease, that also cause hind limb weakness. If we already know whether a dog has the gene for degenerative myelopathy we are way ahead if symptoms develop.

Recommendation: DNA testing as a puppy or adult dog

Hemophilia: There are several types of inherited bleeding disorders, or coagulopathies, that occur in dogs. They range in severity from very mild to very severe. Many times a pet seems normal until a serious injury occurs or surgery is performed, and then severe bleeding can result.

Recommendation: DNA test when a pet is young. DNA test panels are available to test for both DM and hemophilia. If no DNA test has been done a Buccal Bleeding Time can be done at the time of surgery.

Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 4, sooner if symptoms develop.

Videos: What is Breed-Specific Wellness; Seniors – Hemangiosarcoma, Arthritis, Fatty Acids



BREED RISK RECOMMENDATIONS <u>CHIHUAHUA</u>

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Recommendation: Annual glaucoma screening for seniors. The

test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a pet, usually male, unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary.

Videos: What is Breed-Specific Wellness, Periodontal Disease

BREED RISK RECOMMENDATIONS <u>CHOW CHOW</u>

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Recommendation: Annual glaucoma screening for seniors. The

test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Diabetes is common in some breeds. It usually develops in mid-life, between 3 and 10 years of age. Signs include drinking & urinating much more than normal, and weight loss despite a good appetite. If you notice your dog drinking more water, call us right away. This is one of the most common symptoms of illness in dogs, yet one frequently ignored by pet owners.

Recommendation: Annual blood and urine screening, sooner if symptoms are present. Weight control is very important to prevent and control diabetes.

Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 4, sooner if symptoms develop.

Videos: What is Breed-Specific Wellness; Seniors - Fatty Acids, Arthritis







BREED RISK RECOMMENDATIONS COCKER SPANIEL



Many disease problems are genetic or inherited. Certain breeds are at risk for certain diseases. This doesn't mean that just because your dog belongs to a certain breed he will always develop these problems – it just means that he's more at risk than the average dog. It also doesn't mean that these are the only diseases your pet could get – life is not that simple. It does, however, help to guide the medical care your pet needs.

Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Cocker spaniels have been extremely popular dogs for the past 50 years. As a result they have been somewhat inbred and over bred. They have the longest list of genetic problems of any breed.

Hemophilia: There are several types of inherited bleeding disorders, or coagulopathies, that occur in dogs. They range in severity from very mild to very severe. Many times a pet seems normal until a serious injury occurs or surgery is performed, and then severe bleeding can result.

Recommendation: DNA test when a pet is young. DNA test panels are available to test for both DM and hemophilia. If no DNA test has been done a Buccal Bleeding Time can be done at the time of surgery.

Glaucoma is an extremely painful disease that rapidly leads to blindness. People describe it as feeling as if you are being stabbed in the eye with an ice pick. The eyeball is a tough, rubbery ball containing fluid. The fluid inside the eye is produced by cells within the eye, and this fluid drains back out of the eye via tiny drainage channels. When the fluid cannot drain out as fast as it is being produced it builds up, causing stretching and swelling of the eyeball. The fluid pressure is not only very painful, but it literally crushes the delicate cells lining the retina, quickly leading to blindness.



Recommendation: Annual glaucoma screening for seniors. The

test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Glomerulonephropathy: GN is an inherited form of kidney disease. It slowly damages the kidneys, so affected dogs suffer kidney failure, often at an early age. Various infections and other illnesses can also lead to GN.

Damaged kidneys leak protein, so the disease is diagnosed by testing for excessive protein in the urine. The earlier the disease is diagnosed, the more we can help your pet. Urine samples should be checked annually for excess protein levels. Special diets help to support kidney function, thereby lengthening & improving life.

Recommendation: Annual protein/creatinine ratio urine test after age 1.



Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 8, sooner if symptoms develop.

Keratoconjunctivitis sicca, dry eye: also known as KCS, this is a disease in which the tear glands no longer produce enough tears to keep the eye moist. Eye ulcers and infections result. This is a painful condition that can be diagnosed and treated before symptoms appear.

Diagnosis of KCS is simple. A paper strip is tucked under the lower eyelid. Tears soak the strip. After 1 minute we look to see how many millimeters of the strip became wet. This test is called a Schirmer tear test, or STT. A reading under 15 is low. 16-18 is borderline, and above that is normal. Treatment consists of eye ointment that will be necessary for the remainder of the pet's life.



Recommendation: The STT should be done at least once a year once a pet reaches age 9, sooner if symptoms become apparent.

Lymphoma, also known as lymphosarcoma, is a common form of cancer in dogs. In this disease, the body forms abnormal lymphocytes, which are a type of white blood cell. Because white blood cells can be found throughout the body, this cancer can show up almost anywhere. Symptoms include swollen lymph nodes, an enlarged spleen or liver, intestinal disease, skin nodules, weight loss or fever. Occasionally it shows up in the eyes, brain or spinal cord, the kidneys, the lungs or elsewhere.

Lymphoma is a very treatable form of cancer, with an 80% success rate in dogs receiving chemotherapy. Early diagnosis improves prognosis.

Recommendation: Lymphoma is one of the few types of cancer that can sometimes be found with a complete blood count. Blood testing at least twice a year after age 5 may allow an early diagnosis. Watch for swollen glands, panting or labored breathing and weight loss, and call us if any signs appear.

Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a pet, usually male, unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary.

Videos: What is Breed-Specific Wellness, Periodontal Disease; Seniors - Eye Diseases





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Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Degenerative myelopathy (DM): This is usually a disease of older dogs wherein the hind legs become progressively weaker. Unfortunately, this disease is poorly understood and so far there is no effective treatment available, although some dogs do better with acupuncture, special diets and canine rehabilitation (physical therapy).

It can be difficult to tell whether hind leg weakness is due to DM or one of the many other diseases, such as hip arthritis or lumbosacral disc disease, that also cause hind limb weakness. If we already know whether a dog has the gene for degenerative myelopathy we are way ahead if symptoms develop.

Recommendation: DNA testing as a puppy or adult dog

Drug Sensitivity: Some breeds of dogs do not do well with certain medications. Herding breeds can inherit a gene called MDR1, that affects how they process about twenty different drugs, some of which are commonly used. These drugs should be avoided in these breeds but we can't know to do that without genetic testing.

Recommendations: MDR1 DNA testing should be done once, early in your dog's life.

Videos: MDR1, GDV, Periodontal Disease; Seniors – Fatty Acids, Arthritis

BREED RISK RECOMMENDATIONS CORGI



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It can be difficult to tell whether hind leg weakness is due to DM or one of the many other diseases, such as hip arthritis or lumbosacral disc disease, that also cause hind limb weakness. If we already know whether a dog has the gene for degenerative myelopathy we are way ahead if symptoms develop.

Recommendation: DNA testing as a puppy or adult dog

Exercise-induced collapse: This is a disease that, as the name implies, causes an otherwise healthy adult dog to collapse during strenuous exercise. Heat stroke can occur along with it. As many as 20% of dogs of some breeds are carriers for EIC. Other diseases that can cause similar signs are heat stroke itself, low blood sugar, abnormal heart rhythm and seizures. There is no treatment for EIC.

Recommendation: DNA testing as a puppy or adult dog along with DM and hemophilia testing, or if symptoms arise.

Hemophilia: There are several types of inherited bleeding disorders, or coagulopathies, that occur in dogs. They range in severity from very mild to very severe. Many times a pet seems normal until a serious injury occurs or surgery is performed, and then severe bleeding can result.

Recommendation: DNA test when a pet is young. DNA test panels are available to test for both DM and hemophilia. If no DNA test has been done a Buccal Bleeding Time can be done at the time of surgery.

Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a pet, usually male, unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary.

Videos: What is Breed-Specific Wellness, Periodontal Disease, IVDD





BREED RISK RECOMMENDATIONS DACHSHUND

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Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Glaucoma is an extremely painful disease that rapidly leads to blindness. People describe it as feeling as if you are being stabbed in the eye with an ice pick. The eyeball is a tough, rubbery ball containing fluid. The fluid inside the eye is produced by cells within the eye, and this fluid drains back out of the eye via tiny drainage channels. When the fluid cannot drain out as fast as it is being produced it builds up, causing stretching and swelling of the eyeball. The fluid pressure is not only very painful, but it literally crushes the delicate cells lining the retina, quickly leading to blindness.



Recommendation: Annual glaucoma screening for seniors. The

test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 9, sooner if symptoms develop

Videos: What is Breed-Specific Wellness, IVDD, Periodontal Disease



BREED RISK RECOMMENDATIONS DALMATIAN



Many disease problems are genetic or inherited. Certain breeds are at risk for certain diseases. This doesn't mean that just because your dog belongs to a certain breed he will always develop these problems – it just means that he's more at risk than the average dog. It also doesn't mean that these are the only diseases your pet could get – life is not that simple. It does, however, help to guide the medical care your pet needs.

Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Cardiomyopathy: Dilatative Cardiomyopathy, or DCM, is a deadly heart problem. Most people who require heart transplants do so because of this disease, in which the heart becomes larger, thinner & weaker until it can no longer effectively pump blood to the body. Signs may be gradual heart failure

or sometimes sudden death from an irregular heart rhythm. Watch for weakness or acting tired; fainting or collapse; labored breathing or coughing.

Recommendations: Annual ECG screening after age 1, to look for abnormal heart rhythms (picture at right). ProBNP blood testing to detect heart enlargement is also recommended. If abnormalities are detected, an echocardiogram will confirm the diagnosis.



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Recommendation: Annual glaucoma screening for seniors. The test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.



Keratoconjunctivitis sicca, dry eye: also known as KCS, this is a disease in which the tear glands no longer produce enough tears to keep the eye moist. Eye ulcers and infections result. This is a painful condition that can be diagnosed and treated before symptoms appear.

Diagnosis of KCS is simple. A paper strip is tucked under the lower eyelid. Tears soak the strip. After 1 minute we look to see how many millimeters of the strip became wet. This test is called a Schirmer tear test, or STT. A reading under 15 is low. 16-18 is borderline, and above that is normal. Treatment consists of eye ointment that will be necessary for the remainder of the pet's life.



Recommendation: The STT should be done at least once a year once a pet reaches age 7, sooner if symptoms become apparent.

Urolithiasis: "Uro" refers to the urologic system; "lithiasis" is stone formation. Uroliths are bladder or kidney stones. There are half a dozen different types of stones that can form, and certain breeds of dog are prone to certain types of stones. Dalmatians are prone to urate stones.

Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a male Dalmatian who is possibly unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

A lifelong special diets is recommended for Dalmatians, who are so prone to bladder stones that they should eat Hill's U/D diet or Royal Canin Urate diet unless some other health problem takes precedence.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary. U/D or Royal Canin urate diet.

Videos: What is Breed-Specific Wellness; Seniors - Eye Diseases, Arthritis, Hemangiosarcoma

BREED RISK RECOMMENDATIONS DOBERMAN PINSCHER



Many disease problems are genetic or inherited. Certain breeds are at risk for certain diseases. This doesn't mean that just because your dog belongs to a certain breed he will always develop these problems – it just means that he's more at risk than the average dog. It also doesn't mean that these are the only diseases your pet could get – life is not that simple. It does, however, help to guide the medical care your pet needs.

Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention. The Doberman pinscher is prone to several serious and deadly diseases.

Cardiomyopathy: Dilatative Cardiomyopathy, or DCM, is a deadly heart problem. Most people who require heart transplants do so because of this disease, in which the heart becomes larger, thinner & weaker until it can no longer effectively pump blood to the body. Signs may be gradual heart failure or sometimes sudden death from an irregular heart rhythm. Watch for weakness or acting tired; fainting or collapse; labored breathing or coughing.



Doberman pinschers are very

prone to DCM. Dobermans tend to have a more severe form of it and are most at risk for sudden death. 5% of Dobies die of this disease every year.

Recommendation: Annual ECG screening after age 1 for most affected breeds (to look for abnormal heart rhythms). If abnormalities are detected, an echocardiogram will confirm the diagnosis. Not all dogs will show an abnormal heart rhythm, however, so if your dog is from a breed for which DCM is especially common, including Dobies, an echocardiogram is recommended annually after about age five or six.

Glomerulonephropathy: GN is an inherited form of kidney disease. It slowly damages the kidneys, so affected dogs suffer kidney failure, often at an early age. Various infections and other illnesses can also lead to GN.

Damaged kidneys leak protein, so the disease is diagnosed by testing for excessive protein in the urine. The earlier the disease is diagnosed, the more we can help your pet. Urine samples should be checked annually for excess protein levels. Special diets help to support kidney function, thereby lengthening & improving life. Wheaten terriers are the most commonly affected.

Recommendation: Annual protein/creatinine ratio urine test after age 1.



Hepatitis, or liver disease: Liver problems are more common in certain breeds. Dobermans are prone to chronic, active hepatitis in middle age. It is usually diagnosed with blood testing and liver biopsy, and is treated with medication and special diets. Signs of liver disease do not usually occur until most of the liver is already damaged or destroyed. Early detection and intervention with routine blood screening allows us to detect this problem at an earlier, more treatable stage.

Recommendation: annual chemistry panel blood test

Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 4, sooner if symptoms develop

Parvovirus susceptibility: Doberman Pinschers, pit bulls and Rottweilers are more susceptible to this deadly infection than other breeds, and they tend to have a weaker and later response to vaccination.

Recommendation: Parvovirus should also be boostered annually, vs. the every three year schedule we use for other breeds.

Von Willebrand's disease: This is a blood clotting disorder frequently found in Doberman pinschers. 17% are affected and 51% are carriers for the genetic defect that causes it.

Recommendation: Buccal Bleeding Time to check for abnormal bleeding before any surgery or dental work is done or, ideally, a specific genetic blood test for Von Willebrand's disease prior to surgery.

Videos: GDV & von Willebrand's, GDV

BREED RISK RECOMMENDATIONS ENGLISH COCKER SPANIEL





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or sometimes sudden death from an irregular heart rhythm. Watch for weakness or acting tired; fainting or collapse; labored breathing or coughing.

Recommendations: Annual ECG screening after age 5, to look for abnormal heart rhythms (picture at right). ProBNP blood testing to detect heart enlargement is also recommended. If abnormalities are detected, an echocardiogram will confirm the diagnosis.



Familial Renal Disease: This is a form of inherited kidney disease. It usually starts with protein loss into the urine, and progresses to kidney failure. It begins at anywhere from 6 mo. to 2 years of age. Recommendation: Annual urine test for protein.

Glaucoma is an extremely painful disease that rapidly leads to blindness. People describe it as feeling as if you are being stabbed in the eye with an ice pick. The eyeball is a tough, rubbery ball containing fluid. The fluid inside the eye is produced by cells within the eye, and this fluid drains back out of the eye via tiny drainage channels. When the fluid cannot drain out as fast as it is being produced it builds up, causing stretching and swelling of the eyeball. The fluid pressure is not only very painful, but it literally crushes the delicate cells lining the retina, quickly leading to blindness. **Recommendation:** Annual glaucoma screening for seniors. The test we perform is called an



intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 8, sooner if symptoms develop

Keratoconjunctivitis sicca, dry eye: also known as KCS, this is a disease in which the tear glands no longer produce enough tears to keep the eye moist. Eye ulcers and infections result. This is a painful condition that can be diagnosed and treated before symptoms appear.

Diagnosis of KCS is simple. A paper strip is tucked under the lower eyelid. Tears soak the strip. After 1 minute we look to see how many millimeters of the strip became wet. This test is called a Schirmer tear test, or STT. A reading under 15 is low. 16-18 is borderline, and above that is normal. Treatment consists of eye ointment that will be necessary for the remainder of the pet's life.



Recommendation: The STT should be done at least once a year once a pet reaches age 8, sooner if symptoms become apparent.

Lymphoma, also known as lymphosarcoma, is a common form of cancer in dogs. In this disease, the body forms abnormal lymphocytes, which are a type of white blood cell. Because white blood cells can be found throughout the body, this cancer can show up almost anywhere. Symptoms include swollen lymph nodes, an enlarged spleen or liver, intestinal disease, skin nodules, weight loss or fever. Occasionally it shows up in the eyes, brain or spinal cord, the kidneys, the lungs or elsewhere.

Lymphoma is a very treatable form of cancer, with an 80% success rate in dogs receiving chemotherapy. Early diagnosis improves prognosis.

Recommendation: Lymphoma is one of the few types of cancer that can sometimes be found with a complete blood count. Blood testing at least twice a year after age 5 may allow an early diagnosis. Watch for swollen glands, panting or labored breathing and weight loss, and call us if any signs appear.

Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a pet, usually male, unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary.

Videos: What is Breed-Specific Wellness, Periodontal Disease, Eye Diseases, Fatty Acids



BREED RISK RECOMMENDATIONS <u>ENGLISH SETTER</u>



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Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Hemophilia: There are several types of inherited bleeding disorders, or coagulopathies, that occur in dogs. They range in severity from very mild to very severe. Many times a pet seems normal until a serious injury occurs or surgery is performed, and then severe bleeding can result.

Recommendation: For at risk breeds (or pets with liver disease, because liver disorders can also lead to abnormal blood clotting), diagnostic testing for clotting time is recommended before surgery is performed.

Videos: What is Breed-Specific Wellness, GDV, Fatty Acids, Arthritis



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Recommendation: Annual glaucoma screening after age 9. The

test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Insulinoma: This is a tumor of the pancreas, specifically the cells that make insulin. Insulinomas produce too much insulin, which leads to low blood sugar levels. The low blood sugar then can cause weakness, collapse, seizures or fainting.

Recommendation: Know what to watch for, annual wellness blood testing after age 9.

Videos: What is Breed-Specific Wellness, Eye Diseases, Periodontal Disease



BREED RISK RECOMMENDATIONS



GERMAN SHEPHERD

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Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Degenerative myelopathy (DM): This is usually a disease of older dogs wherein the hind legs become progressively weaker. Unfortunately, this disease is poorly understood and so far there is no effective treatment available, although some dogs do better with acupuncture, special diets and canine rehabilitation (physical therapy).

It can be difficult to tell whether hind leg weakness is due to DM or one of the many other diseases, such as hip arthritis or lumbosacral disc disease, that also cause hind limb weakness. If we already know whether a dog has the gene for degenerative myelopathy we are way ahead if symptoms develop.

Recommendation: DNA testing as a puppy or adult dog

Hemangioma and hemangiosarcoma: These are two of the more common tumors of older large breed dogs. The hemangioma is the non-cancerous form, about 30% of cases, and hemangiosarcoma is the cancerous kind. They are tumors that arise from blood vessels and usually occur in organs with lots of blood supply – the spleen is especially common, and the liver, kidneys, heart or skin may be other sites. These tumors fill with blood and then will break open and bleed. Since they usually occur internally, you cannot see the bleeding from the outside. You will see a dog that becomes pale & weak over a 6-24 hour period of time. He may become unable to walk or get up, and breathing may become labored. You can also see a large or distended abdomen if the tumor is large – and some can be volleyball size or larger before the dog becomes ill.

Recommendation: We often find clues that one of these tumors is present on senior wellness testing, so have your senior dog's blood tested at least annually. Know what to watch for and seek help if signs appear.

Hemophilia: There are several types of inherited bleeding disorders, or coagulopathies, which occur in dogs. They range in severity from very mild to very severe. Many times a pet seems normal until a serious injury occurs or surgery is performed, and then severe bleeding can result.

Recommendation: For at risk breeds (or pets with liver disease, because liver disorders can also lead to abnormal blood clotting), diagnostic testing for clotting time is recommended before surgery is performed.

Keratoconjunctivitis sicca, dry eye: also known as KCS, this is a disease in which the tear glands no longer produce enough tears to keep the eye moist. Eye ulcers and infections result. This is a painful condition that can be diagnosed and treated before symptoms appear.



Diagnosis of KCS is simple. A paper strip is tucked under the lower eyelid. Tears soak the strip.

After 1 minute we look to see how many millimeters of the strip became wet. This test is called a Schirmer tear test, or STT. A reading under 15 is low. 16-18 is borderline, and above that is normal. Treatment consists of eye ointment that will be necessary for the remainder of the pet's life.

Recommendation: The STT should be done at least once a year once a pet reaches age 7, sooner if symptoms become apparent.

Lymphoma, also known as lymphosarcoma, is a common form of cancer in dogs. In this disease, the body forms abnormal lymphocytes, which are a type of white blood cell. Because white blood cells can be

found throughout the body, this cancer can show up almost anywhere. Symptoms include swollen lymph nodes, an enlarged spleen or liver, intestinal disease, skin nodules, weight loss or fever. Occasionally it shows up in the eyes, brain or spinal cord, the kidneys, the lungs or elsewhere.

Lymphoma is a very treatable form of cancer, with an 80% success rate in dogs receiving chemotherapy. Early diagnosis improves prognosis.

Recommendation: Lymphoma is one of the few types of cancer that can sometimes be found with blood testing. A complete blood count at least twice a year after age 5 may allow an early diagnosis. Watch for swollen glands, panting or labored breathing and weight loss, and call us if any signs appear.

Videos: GDV, What is Breed-Specific Wellness; Seniors – Arthritis, Hemangiosarcoma



BREED RISK RECOMMENDATIONS GOLDEN RETRIEVER



Many disease problems are genetic or inherited. Certain breeds are at risk for certain diseases. This doesn't mean that just because your dog belongs to a certain breed he will always develop these problems – it just means that he's more at risk than the average dog. It also doesn't mean that these are the only diseases your pet could get – life is not that simple. It does, however, help to guide the medical care your pet needs.

Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Exercise-induced collapse: This is a disease that, as the name implies, causes an otherwise healthy adult dog to collapse during strenuous exercise. Heat stroke can occur along with it. As many as 20% of dogs of some breeds are carriers for EIC. Other diseases that can cause similar signs are heat stroke itself, low blood sugar, abnormal heart rhythm and seizures. There is no treatment for EIC.

Recommendation: A genetic test is available and should be done for all puppies and breeding dogs of susceptible breeds or when symptoms occur.

Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 7, sooner if symptoms develop

Hemangioma and hemangiosarcoma: These are two of the more common tumors of older large breed dogs. The hemangioma is the non-cancerous form, about 30% of cases, and hemangiosarcoma is the cancerous kind. They are tumors that arise from blood vessels and usually occur in organs with lots of blood supply – the spleen is especially common, and the liver, kidneys, heart or skin may be other sites. These tumors fill with blood and then will break open and bleed. Since they usually occur internally, you cannot see the bleeding from the outside. You will see a dog that becomes pale & weak over a 6-24 hour period of time. He may become unable to walk or get up, and breathing may become labored. You can also see a large or distended abdomen if the tumor is large – and some can be volleyball size or larger before the dog becomes ill.

Recommendation: We often find clues that one of these tumors is present on senior wellness testing, so have your senior dog's blood tested at least annually. Know what to watch for and seek help if signs appear.

Lymphoma, also known as lymphosarcoma, is a common form of cancer in dogs and golden retrievers are especially prone to it. In this disease, the body forms abnormal lymphocytes, which are a type of white blood cell. Because white blood cells can be found throughout the body, this cancer can show up almost anywhere. Symptoms include swollen lymph nodes, an enlarged spleen or liver,



intestinal disease, skin nodules, weight loss or fever. Occasionally it shows up in the eyes, brain or spinal cord, the kidneys, the lungs or elsewhere.

Lymphoma is a very treatable form of cancer, with an 80% success rate in dogs receiving chemotherapy. Early diagnosis improves prognosis.

Recommendation: Lymphoma is one of the few types of cancer that can sometimes be found with blood testing. A complete blood count at least twice a year after age 5 may allow an early diagnosis. Watch for swollen glands, panting or labored breathing and weight loss, and call us if any signs appear.

Renal dysplasia: This is a genetic form of kidney disease. Affected pets may show kidney failure at an early age. Signs include excessive urine production and water drinking; poor appetite or weight loss; and eventually vomiting and diarrhea. Blood testing and/or urine testing may be used to diagnose kidney disease. An ultrasound of the kidneys will differentiate dysplasia from other forms of kidney disease, such as kidney stones, amyloidosis or antifreeze poisoning.

Recommendation: Chemistry panel by 6-12 months of age

Videos: What is Breed-Specific Wellness; Seniors – Arthritis, Hemangiosarcoma

BREED RISK RECOMMENDATIONS <u>GREAT DANE</u>

Many disease problems are genetic or inherited. Certain breeds are at risk for certain diseases. This doesn't mean that just because your dog belongs to a certain breed he will always develop these problems – it just means that he's more at risk than the average dog. It also doesn't mean that these are the only diseases your pet could get – life is not that simple. It does, however, help to guide the medical care your pet needs.

Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Cardiomyopathy: Dilatative Cardiomyopathy, or DCM, is a deadly heart problem. Most people who require heart transplants do so because of this disease, in which the heart becomes larger, thinner & weaker until it can no longer effectively pump blood to the body. Signs may be gradual heart failure

or sometimes sudden death from an irregular heart rhythm. Watch for weakness or acting tired; fainting or collapse; labored breathing or coughing.

Recommendations: Annual ECG screening after age 1, to look for abnormal heart rhythms (picture at right). ProBNP blood testing to detect heart enlargement is also recommended. If abnormalities are detected, an echocardiogram will confirm the diagnosis. An echocardiogram is recommended annually after

about age five or six.



Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 6, sooner if symptoms develop

Videos: GDV, What is Breed-Specific Wellness; Seniors – Arthritis, Hemangiosarcoma





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Recommendation: Annual thyroid blood level after age 6, sooner if symptoms develop

Videos: What is Breed-Specific Wellness, GDV; Seniors – Arthritis, Hemangiosarcoma, Fatty Acids





BREED RISK RECOMMENDATIONS GREAT PYRENEES

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Recommendation: Annual thyroid blood level after age 6, sooner if symptoms develop

Videos: What is Breed-Specific Wellness, GDV; Seniors – Arthritis, Hemangiosarcoma, Fatty Acids



BREED RISK RECOMMENDATIONS <u>GREYHOUND</u>



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Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Hemophilia: There are several types of inherited bleeding disorders, or coagulopathies, which occur in dogs. They range in severity from very mild to very severe. Many times a pet seems normal until a serious injury occurs or surgery is performed, and then severe bleeding can result.

Recommendation: For at risk breeds (or pets with liver disease, because liver disorders can also lead to abnormal blood clotting), diagnostic testing for clotting time is recommended before surgery is performed.

Hypertension and elevated PCV: Greyhounds have a high proportion of their blood as red blood cells. Normally about 40% of blood consists of cells and the remaining 60% is serum. (Serum is a watery fluid containing electrolytes, proteins, sugar and a chemical mix of hormones, nutrients and other substances.) Greyhounds often have 60% of their blood as red blood cells and only 40% or so as serum. Red blood cells deliver oxygen to tissues such as muscles, so having a lot of them enhances power and speed. It can also have risks, however, because the more RBCs there are the thicker the blood becomes. Hypertension, or high blood pressure, can be a consequence.

Recommendation: monitor blood pressure annually, treat for hypertension if necessary.

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Recommendation: Annual thyroid blood level after age 6, sooner if symptoms develop

Videos: What is Breed-Specific Wellness, GDV; Seniors - Arthritis, Fatty Acids



BREED RISK RECOMMENDATIONS IRISH SETTER, GORDON SETTER

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Recommendation: Annual thyroid blood level after age 7, sooner if symptoms develop

Lymphoma, also known as lymphosarcoma, is a common form of cancer in dogs and golden retrievers are especially prone to it. In this disease, the body forms abnormal lymphocytes, which are a type of white blood cell. Because white blood cells can be found throughout the body, this cancer can show up almost anywhere. Symptoms include swollen lymph nodes, an enlarged spleen or liver, intestinal disease, skin nodules, weight loss or fever. Occasionally it shows up in the eyes, brain or spinal cord, the kidneys, the lungs or elsewhere.

Lymphoma is a very treatable form of cancer, with an 80% success rate in dogs receiving chemotherapy. Early diagnosis improves prognosis.

Recommendation: Lymphoma is one of the few types of cancer that can sometimes be found with blood testing. A complete blood count at least twice a year after age 5 may allow an early diagnosis. Watch for swollen glands, panting or labored breathing and weight loss, and call us if any signs appear.

Videos: What is Breed-Specific Wellness, GDV; Seniors – Hemangiosarcoma, Arthritis

BREED RISK RECOMMENDATIONS IRISH TERRIER



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Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a pet, usually male, unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary.

Videos: What is Breed-Specific Wellness, Periodontal Disease, Fatty Acids

BREED RISK RECOMMENDATIONS IRISH WOLFHOUND



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or sometimes sudden death from an irregular heart rhythm. Watch for weakness or acting tired; fainting or collapse; labored breathing or coughing.

Recommendations: Annual ECG screening after age 1, to look for abnormal heart rhythms (picture at right).

ProBNP blood testing to detect heart enlargement is also recommended. If abnormalities are detected, an echocardiogram will confirm the diagnosis. An echocardiogram is recommended annually after about age five or six.



Hemophilia: There are several types of inherited bleeding disorders, or coagulopathies, which occur in dogs. They range in severity from very mild to very severe. Many times a pet seems normal until a serious injury occurs or surgery is performed, and then severe bleeding can result.

Recommendation: For at risk breeds (or pets with liver disease, because liver disorders can also lead to abnormal blood clotting), diagnostic testing for clotting time is recommended before surgery is performed.

Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 6, sooner if symptoms develop

Portosystemic shunt: In this disorder some of the blood supply that should go to the liver goes around it instead, depriving the liver of the blood flow it needs to grow and function. A small, poorly nourished liver cannot remove toxins from the bloodstream properly, leading to the build-up of these toxic waste materials, such as ammonia and bile acids, in the bloodstream. Affected animals have trouble handling drugs and anesthetics, and in severe cases high blood ammonia levels cause neurological signs.

Recommendation: Liver testing before surgery in addition to a standard pre-anesthetic panel.

Videos: What is Breed-Specific Wellness, Fatty Acids, Arthritis

BREED RISK RECOMMENDATIONS ITALIAN GREYHOUND & WHIPPET



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Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Glaucoma is an extremely painful disease that rapidly leads to blindness. People describe it as feeling as if you are being stabbed in the eye with an ice pick. The eyeball is a tough, rubbery ball containing fluid. The fluid inside the eye is produced by cells within the eye, and this fluid drains back out of the eye via tiny drainage channels. When the fluid cannot drain out as fast as it is being produced it builds up, causing stretching and swelling of the eyeball. The fluid pressure is not only very painful, but it literally crushes the delicate cells lining the retina, quickly leading to blindness.



Recommendation: Annual glaucoma screening after age 8. The

test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Videos: Periodontal Disease, Eye Diseases



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Diabetes: is common in some breeds. It usually develops in mid-life, between 3 and 10 years of age. Signs include drinking & urinating much more than normal, and weight loss despite a good appetite. If you notice your dog drinking more water, call us right away. This is one of the most common symptoms of illness in dogs, yet one frequently ignored by pet owners.

Recommendation: Annual blood and urine screening, sooner if symptoms are present. Weight control is very important to prevent and control diabetes.

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Videos: What is Breed-Specific Wellness, Eye Diseases



BREED RISK RECOMMENDATIONS LABRADOR RETRIEVER



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Exercise-induced collapse: This is a disease that, as the name implies, causes an otherwise healthy adult dog to collapse during strenuous exercise. Heat stroke can occur along with it. As many as 20% of dogs of some breeds are carriers for EIC. Other diseases that can cause similar signs are heat stroke itself, low blood sugar, abnormal heart rhythm and seizures. There is no treatment for EIC.

Recommendation: A genetic test is available and should be done for all puppies and breeding dogs of susceptible breeds or when symptoms occur.

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Recommendation: Annual glaucoma screening after age 7. The

test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Hemophilia: There are several types of inherited bleeding disorders, or coagulopathies, which occur in dogs. They range in severity from very mild to very severe. Many times a pet seems normal until a serious injury occurs or surgery is performed, and then severe bleeding can result.

Recommendation: For at risk breeds (or pets with liver disease, because liver disorders can also lead to abnormal blood clotting), diagnostic testing for clotting time is recommended before surgery is performed.

Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 7, sooner if symptoms develop



Hemangioma and hemangiosarcoma: These are two of the more common tumors of older large breed dogs. They are tumors that arise from blood vessels and usually occur in organs with lots of blood supply – the spleen is especially common, and the liver, kidneys, heart or skin may be other sites. These tumors fill with blood and then will break open and bleed. Since they usually occur internally, you cannot see the bleeding from the outside. You will see a dog that becomes pale & weak over a 6-24 hour period of time. He may become unable to walk or get up, and breathing may become labored. You can also see a large or distended abdomen if the tumor is large – and some can be volleyball size or larger before the dog becomes ill.

Recommendation: We often find clues that one of these tumors is present on senior wellness testing, so have your senior dog's blood tested at least annually. Know what to watch for and seek help if signs appear.

Lymphoma, also known as lymphosarcoma, is a common form of cancer in dogs and golden retrievers are especially prone to it. In this disease, the body forms abnormal lymphocytes, which are a type of white blood cell. Because white blood cells can be found throughout the body, this cancer can show up almost anywhere. Symptoms include swollen lymph nodes, an enlarged spleen or liver, intestinal disease, skin nodules, weight loss or fever. Occasionally it shows up in the eyes, brain or spinal cord, the kidneys, the lungs or elsewhere.

Lymphoma is a very treatable form of cancer, with an 80% success rate in dogs receiving chemotherapy. Early diagnosis improves prognosis.

Recommendation: Lymphoma is one of the few types of cancer that can sometimes be found with blood testing. A complete blood count at least twice a year after age 5 may allow an early diagnosis. Watch for swollen glands, panting or labored breathing and weight loss, and call us if any signs appear.

Videos: What is Breed-Specific Wellness, FB ingestion, GDV; Seniors – Arthritis, Hemangiosarcoma

BREED RISK RECOMMENDATIONS LHASA APSO

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Keratoconjunctivitis sicca, dry eye: also known as KCS, this is a disease in which the tear glands no longer produce enough tears to keep the eye moist. Eye ulcers and infections result. This is a painful condition that can be diagnosed and treated before symptoms appear.

Diagnosis of KCS is simple. A paper strip is tucked under the lower eyelid. Tears soak the strip. After 1 minute we look to see how many millimeters of the strip became wet. This test is called a Schirmer tear test, or STT. A reading under 15 is low. 16-18 is borderline, and above that is normal. Treatment consists of eye ointment that will be necessary for the remainder of the pet's life.



Recommendation: The STT should be done at least once a year once a pet reaches age 9, sooner if symptoms become apparent.

Renal dysplasia: This is a genetic form of kidney disease. Affected pets may show kidney failure at an early age. Signs include excessive urine production and water drinking; poor appetite or weight loss; and eventually vomiting and diarrhea. Blood testing and/or urine testing may be used to diagnose kidney disease. An ultrasound of the kidneys will differentiate dysplasia from other forms of kidney disease, such as kidney stones, amyloidosis or antifreeze poisoning.

Recommendation: Chemistry panel by 6-12 months of age

Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a pet, usually male, unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary.

Videos: What is Breed-Specific Wellness, Periodontal Disease; Seniors - Eye Diseases



BREED RISK RECOMMENDATIONS MALAMUTE

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Diabetes: is common in some breeds. It usually develops in mid-life, between 3 and 10 years of age. Signs include drinking & urinating much more than normal, and weight loss despite a good appetite. If you notice your dog drinking more water, call us right away. This is one of the most common symptoms of illness in dogs, yet one frequently ignored by pet owners.

Recommendation: Annual blood and urine screening, sooner if symptoms are present. Weight control is very important to prevent and control diabetes.

Glaucoma is an extremely painful disease that rapidly leads to blindness. People describe it as feeling as if you are being stabbed in the eye with an ice pick. The eyeball is a tough, rubbery ball containing fluid. The fluid inside the eye is produced by cells within the eye, and this fluid drains back out of the eye via tiny drainage channels. When the fluid cannot drain out as fast as it is being produced it builds up, causing stretching and swelling of the eyeball. The fluid pressure is not only very painful, but it literally crushes the delicate cells lining the retina, quickly leading to blindness.



Recommendation: Annual glaucoma screening after age 6. The

test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 6, sooner if symptoms develop

Videos: What is Breed-Specific Wellness; Seniors – Arthritis, Fatty Acids, Hemangiosarcoma

BREED RISK RECOMMENDATIONS <u>MALTESE</u>



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Recommendation: Annual glaucoma screening after age 9. The

test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Portosystemic shunt: In this disorder some of the blood supply that should go to the liver goes around it instead, depriving the liver of the blood flow it needs to grow and function. A small, poorly nourished liver cannot remove toxins from the bloodstream properly, leading to the build-up of these toxic waste materials, such as ammonia and bile acids, in the bloodstream. Affected animals have trouble handling drugs and anesthetics, and in severe cases high blood ammonia levels cause neurological signs.

Recommendation: Liver testing in addition to a standard pre-anesthetic and senior screening.

Videos: Periodontal Disease, Dental Home Care; Seniors - Eye Diseases, Fatty Acids





BREED RISK RECOMMENDATIONS <u>MASTIFF</u>

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or sometimes sudden death from an irregular heart rhythm. Watch for weakness or acting tired; fainting or collapse; labored breathing or coughing.

Recommendations: Annual ECG screening after age 1, to look for abnormal heart rhythms (picture at right). ProBNP blood testing to detect heart enlargement is also recommended. If abnormalities are detected, an echocardiogram will confirm the diagnosis. An echocardiogram is

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Videos: What is Breed-Specific Wellness; Seniors - Arthritis

BREED RISK RECOMMENDATIONS <u>MINIATURE PINSCHER</u>

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Recommendation: Annual blood and urine screening, sooner if symptoms are present. Weight control is very important to prevent and control diabetes.

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Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a pet, usually male, unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary.



BREED RISK RECOMMENDATIONS NEWFOUNDLAND



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BREED RISK RECOMMENDATIONS NORWEGIAN ELKHOUND

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Glaucoma is an extremely painful disease that rapidly leads to blindness. People describe it as feeling as if you are being stabbed in the eye with an ice pick. The eyeball is a tough, rubbery ball containing fluid. The fluid inside the eye is produced by cells within the eye, and this fluid drains back out of the eye via tiny drainage channels. When the fluid cannot drain out as fast as it is being produced it builds up, causing stretching and swelling of the eyeball. The fluid pressure is not only very painful, but it literally crushes the delicate cells lining the retina, quickly leading to blindness.

Recommendation: Annual glaucoma screening after age 7. The

test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Renal dysplasia: This is a genetic form of kidney disease. Affected pets may show kidney failure at an early age. Signs include excessive urine production and water drinking; poor appetite or weight loss; and eventually vomiting and diarrhea. Blood testing and/or urine testing may be used to diagnose kidney disease. An ultrasound of the kidneys will differentiate dysplasia from other forms of kidney disease, such as kidney stones, amyloidosis or antifreeze poisoning.

Recommendation: Chemistry panel by 6-12 months of age

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BREED RISK RECOMMENDATIONS <u>OLD ENGLISH SHEEPDOG</u>

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Recommendation: Annual blood and urine screening, sooner if symptoms are present. Weight control is very important to prevent and control diabetes.

Hemophilia: There are several types of inherited bleeding disorders, or coagulopathies, which occur in dogs. They range in severity from very mild to very severe. Many times a pet seems normal until a serious injury occurs or surgery is performed, and then severe bleeding can result.

Recommendation: For at risk breeds (or pets with liver disease, because liver disorders can also lead to abnormal blood clotting), diagnostic testing for clotting time is recommended before surgery is performed.

Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 7, sooner if symptoms develop

BREED RISK RECOMMENDATIONS PAPILLON



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Parvovirus susceptibility: Doberman Pinschers, pit bulls and Rottweilers are more susceptible to this deadly infection than other breeds, and they tend to have a weaker and later response to vaccination.

Recommendation: Parvovirus should be boostered annually, vs. the every three year schedule we use for other breeds.



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BREED RISK RECOMMENDATIONS POMERANIAN

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Recommendation: Annual thyroid blood level after age 9, sooner if symptoms develop

Sick Sinus Syndrome: the sinus node is the part of the electrical system of the heart that signals the heart to contract, or beat. If the sinus node isn't working properly, the dog will have a very low heart rate and may faint with exercise or stress. The disease usually becomes a problem in young or middle aged Poms. Mild cases can be treated medically; severe ones require a pacemaker implant. Usually used human pacemakers are refurbished for dogs to reduce the cost.

Recommendation: ECG screening should be performed at least annually for susceptible breeds of dogs, and before any anesthetic procedure.

BREED RISK RECOMMENDATIONS MINIATURE, TOY AND TEACUP POODLE



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Lymphoma, also known as lymphosarcoma, is a common form of cancer in dogs and golden retrievers are especially prone to it. In this disease, the body forms abnormal lymphocytes, which are a type of white blood cell. Because white blood cells can be found throughout the body, this cancer can show up almost anywhere. Symptoms include swollen lymph nodes, an enlarged spleen or liver, intestinal disease, skin nodules, weight loss or fever. Occasionally it shows up in the eyes, brain or spinal cord, the kidneys, the lungs or elsewhere.

Lymphoma is a very treatable form of cancer, with an 80% success rate in dogs receiving chemotherapy. Early diagnosis improves prognosis.

Recommendation: Lymphoma is one of the few types of cancer that can sometimes be found with blood testing. A complete blood count at least twice a year after age 5 may allow an early diagnosis. Watch for swollen glands, panting or labored breathing and weight loss, and call us if any signs appear.

Renal dysplasia: This is a genetic form of kidney disease. Affected pets may show kidney failure at an early age. Signs include excessive urine production and water drinking; poor appetite or weight loss; and eventually vomiting and diarrhea. Blood testing and/or urine testing may be used to diagnose kidney disease. An ultrasound of the kidneys will differentiate dysplasia from other forms of kidney disease, such as kidney stones, amyloidosis or antifreeze poisoning.

Recommendation: Chemistry panel by 6-12 months of age

Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a pet, usually male, unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

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BREED RISK RECOMMENDATIONS STANDARD POODLE



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Recommendations:

Annual ECG screening after age 1, to look for abnormal heart rhythms (picture at right).

ProBNP blood testing to detect heart enlargement is also recommended. If abnormalities are detected, an echocardiogram will confirm the diagnosis.



Insulinoma: This is a tumor of the pancreas, specifically the cells that make insulin. Insulinomas produce too much insulin, which leads to low blood sugar levels. The low blood sugar then can cause weakness, collapse, seizures or fainting.

Recommendation: Know what to watch for, annual wellness blood testing.

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BREED RISK RECOMMENDATIONS PORTUGUESE WATER DOG

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BREED RISK RECOMMENDATIONS RAT TERRIER



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BREED RISK RECOMMENDATIONS <u>RHODESIAN RIDGEBACK</u>



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Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 7, sooner if symptoms develop

BREED RISK RECOMMENDATIONS <u>ROTTWEILER</u>



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Parvovirus susceptibility: Doberman Pinschers, pit bulls and Rottweilers are more susceptible to this deadly infection than other breeds, and they tend to have a weaker and later response to vaccination.

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BREED RISK RECOMMENDATIONS SAMOYED



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Glaucoma is an extremely painful disease that rapidly leads to blindness. People describe it as feeling as if you are being stabbed in the eye with an ice pick. The eyeball is a tough, rubbery ball containing fluid. The fluid inside the eye is produced by cells within the eye, and this fluid drains back out of the eye via tiny drainage channels. When the fluid cannot drain out as fast as it is being produced it builds up, causing stretching and swelling of the eyeball. The fluid pressure is not only very painful, but it literally crushes the delicate cells lining the retina, quickly leading to blindness.



Recommendation: Annual glaucoma screening after age 7. The

test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Glomerulonephropathy: GN is an inherited form of kidney disease. It slowly damages the kidneys, so affected dogs suffer kidney failure, often at an early age. Various infections and other illnesses can also lead to GN.

Damaged kidneys leak protein, so the disease is diagnosed by testing for excessive protein in the urine. The earlier the disease is diagnosed, the more we can help your pet. Urine samples should be checked annually for excess protein levels. Special diets help to support kidney function, thereby lengthening & improving life. Wheaten terriers are the most commonly affected.

Recommendation: Annual protein/creatinine ratio urine test after age 1.

Hemophilia: There are several types of inherited bleeding disorders, or coagulopathies, which occur in dogs. They range in severity from very mild to very severe. Many times a pet seems normal until a serious injury occurs or surgery is performed, and then severe bleeding can result.



Recommendation: For at risk breeds (or pets with liver disease, because liver disorders can also lead to abnormal blood clotting), diagnostic testing for clotting time is recommended before surgery is performed.

Renal dysplasia: This is a genetic form of kidney disease. Affected pets may show kidney failure at an early age. Signs include excessive urine production and water drinking; poor appetite or weight loss; and eventually vomiting and diarrhea. Blood testing and/or urine testing may be used to diagnose kidney disease. An ultrasound of the kidneys will differentiate dysplasia from other forms of kidney disease, such as kidney stones, amyloidosis or antifreeze poisoning.

Recommendation: Chemistry panel by 6-12 months of age

BREED RISK RECOMMENDATIONS <u>SCHIPPERKE</u>



Many disease problems are genetic or inherited. Certain breeds are at risk for certain diseases. This doesn't mean that just because your dog belongs to a certain breed he will always develop these problems – it just means that he's more at risk than the average dog. It also doesn't mean that these are the only diseases your pet could get – life is not that simple. It does, however, help to guide the medical care your pet needs.

Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Diabetes: is common in some breeds. It usually develops in mid-life, between 3 and 10 years of age. Signs include drinking & urinating much more than normal, and weight loss despite a good appetite. If you notice your dog drinking more water, call us right away. This is one of the most common symptoms of illness in dogs, yet one frequently ignored by pet owners.

Recommendation: Annual blood and urine screening, sooner if symptoms are present. Weight control is very important to prevent and control diabetes.

BREED RISK RECOMMENDATIONS SCHNAUZER

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Recommendation: Annual blood and urine screening, sooner if symptoms are present. Weight control is very important to prevent and control diabetes.

Glaucoma is an extremely painful disease that rapidly leads to blindness. People describe it as feeling as if you are being stabbed in the eye with an ice pick. The eyeball is a tough, rubbery ball containing fluid. The fluid inside the eye is produced by cells within the eye, and this fluid drains back out of the eye via tiny drainage channels. When the fluid cannot drain out as fast as it is being produced it builds up, causing stretching and swelling of the eyeball. The fluid pressure is not only very painful, but it literally crushes the delicate cells lining the retina, quickly leading to blindness.

Recommendation: Annual glaucoma screening after age 9. The

test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Keratoconjunctivitis sicca, dry eye: also known as KCS, this is a disease in which the tear glands no longer produce enough tears to keep the eye moist. Eye ulcers and infections result. This is a painful condition that can be diagnosed and treated before symptoms appear.

Diagnosis of KCS is simple. A paper strip is tucked under the lower eyelid. Tears soak the strip. After 1 minute we look to see how many millimeters of the strip became wet. This test is called a Schirmer tear test, or STT. A reading under 15 is low. 16-18 is borderline, and above that is normal. Treatment consists of eye ointment that will be necessary for the remainder of the pet's life.

Recommendation: The STT should be done at least once a year once a pet reaches age 9, sooner if symptoms become apparent.

Portosystemic shunt: In this disorder some of the blood supply that should go to the liver goes around it instead, depriving the liver of the blood flow it needs to grow and function. A small, poorly nourished









liver cannot remove toxins from the bloodstream properly, leading to the build-up of these toxic waste materials, such as ammonia and bile acids, in the bloodstream. Affected animals have trouble handling drugs and anesthetics, and in severe cases high blood ammonia levels cause neurological signs.

Recommendation: Liver testing in addition to a standard pre-anesthetic and senior screening.

Renal dysplasia: This is a genetic form of kidney disease. Affected pets may show kidney failure at an early age. Signs include excessive urine production and water drinking; poor appetite or weight loss; and eventually vomiting and diarrhea. Blood testing and/or urine testing may be used to diagnose kidney disease. An ultrasound of the kidneys will differentiate dysplasia from other forms of kidney disease, such as kidney stones, amyloidosis or antifreeze poisoning.

Recommendation: Chemistry panel by 6-12 months of age

Sick Sinus Syndrome: the sinus node is the part of the electrical system of the heart that signals the heart to contract, or beat. If the sinus node isn't working properly, the dog will have a very low heart rate and may faint with exercise or stress. The disease usually becomes a problem in young or middle aged Poms. Mild cases can be treated medically; severe ones require a pacemaker implant. Usually used human pacemakers are refurbished for dogs to reduce the cost.

Recommendation: ECG screening should be performed at least annually for susceptible breeds of dogs, and before any anesthetic procedure.

Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a pet, usually male, unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary.

BREED RISK RECOMMENDATIONS <u>GIANT SCHNAUZER</u>



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Just as some genetically related diseases in humans don't begin to cause problems until later in life – heart disease or breast cancer, for example – many genetic diseases in dogs appear late in life. Some of these can be tested for, enabling earlier diagnosis and intervention.

Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 7, sooner if symptoms develop



BREED RISK RECOMMENDATIONS <u>SCOTTISH TERRIER</u>

Many disease problems are genetic or inherited. Certain breeds are at risk for certain diseases. This doesn't mean that just because your dog belongs to a certain breed he will always develop these problems – it just means that he's more at risk than the average dog. It also doesn't mean that these are the only diseases your pet could get – life is not that simple. It does, however, help to guide the medical care your pet needs.

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Bladder cancer: Scotties are particularly prone to bladder cancer. This is a type of cancer that cannot be surgically removed and for which chemotherapy is not very effective. The risk is three times higher for dogs whose owners use lawn chemicals on their grass.

Recommendations: Have a urine sample checked every six months when your dog is over eight years of age.

Hemophilia: There are several types of inherited bleeding disorders, or coagulopathies, which occur in dogs. They range in severity from very mild to very severe. Many times a pet seems normal until a serious injury occurs or surgery is performed, and then severe bleeding can result.

Recommendation: For at risk breeds (or pets with liver disease, because liver disorders can also lead to abnormal blood clotting), diagnostic testing for clotting time is recommended before surgery is performed.

Lymphoma, also known as lymphosarcoma, is a common form of cancer in dogs and golden retrievers are especially prone to it. In this disease, the body forms abnormal lymphocytes, which are a type of white blood cell. Because white blood cells can be found throughout the body, this cancer can show up almost anywhere. Symptoms include swollen lymph nodes, an enlarged spleen or liver, intestinal disease, skin nodules, weight loss or fever. Occasionally it shows up in the eyes, brain or spinal cord, the kidneys, the lungs or elsewhere.

Lymphoma is a very treatable form of cancer, with an 80% success rate in dogs receiving chemotherapy. Early diagnosis improves prognosis.

Recommendation: Lymphoma is one of the few types of cancer that can sometimes be found with blood testing. A complete blood count at least twice a year after age 5 may allow an early diagnosis. Watch for swollen glands, panting or labored breathing and weight loss, and call us if any signs appear.

Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a pet, usually male, unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary.



BREED RISK RECOMMENDATIONS <u>SHAR PEI</u>

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Amyloidosis: This is a poorly understood syndrome in which abnormal protein deposits of a particular type of molecule called amyloid damage internal organs. Usually the liver or kidneys are affected, although it can affect other organs as well. (In humans, amyloid deposits in the brain cause Alzheimer's disease.) There is no cure for this problem, although treatment can slow its progress somewhat.

Recommendations: Annual blood and urine screening.

Glaucoma is an extremely painful disease that rapidly leads to blindness. People describe it as feeling as if you are being stabbed in the eye with an ice pick. The eyeball is a tough, rubbery ball containing fluid. The fluid inside the eye is produced by cells within the eye, and this fluid drains back out of the eye via tiny drainage channels. When the fluid cannot drain out as fast as it is being produced it builds up, causing stretching and swelling of the eyeball. The fluid pressure is not only very painful, but it literally crushes the delicate cells lining the retina, quickly leading to blindness.

Recommendation: Annual glaucoma screening after age 8. The

test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

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Hypothyroidism, or low thyroid function, is common in older dogs of all breeds but some breeds are predisposed to developing this problem much earlier in life. Weight gain, lethargy and skin problems are the most common signs. Temperament or behavior changes can be seen as well. In fact, one study showed that adult dogs that had a shift in behavior, for example becoming more timid or more aggressive, often have hypothyroidism.

Recommendation: Annual thyroid blood level after age 8, sooner if symptoms develop





Renal dysplasia: This is a genetic form of kidney disease. Affected pets may show kidney failure at an early age. Signs include excessive urine production and water drinking; poor appetite or weight loss; and eventually vomiting and diarrhea. Blood testing and/or urine testing may be used to diagnose kidney disease. An ultrasound of the kidneys will differentiate dysplasia from other forms of kidney disease, such as kidney stones, amyloidosis or antifreeze poisoning.

Recommendation: Chemistry panel by 6-12 months of age

BREED RISK RECOMMENDATIONS <u>SHETLAND SHEEPDOG</u>

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Recommendation: Annual thyroid blood level after age 9, sooner if symptoms develop

Keratoconjunctivitis sicca, dry eye: also known as KCS, this is a disease in which the tear glands no longer produce enough tears to keep the eye moist. Eye ulcers and infections result. This is a painful condition that can be diagnosed and treated before symptoms appear.

Diagnosis of KCS is simple. A paper strip is tucked under the lower eyelid. Tears soak the strip. After 1 minute we look to see how many millimeters of the strip became wet. This test is called a Schirmer tear test, or STT. A reading under 15 is low. 16-18 is borderline, and above that is normal. Treatment consists of eye ointment that will be necessary for the remainder of the pet's life.



Recommendation: The STT should be done at least once a year once a pet reaches age 9, sooner if symptoms become apparent.



BREED RISK RECOMMENDATIONS SHIH TZU



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Renal dysplasia: This is a genetic form of kidney disease. Affected pets may show kidney failure at an early age. Signs include excessive urine production and water drinking; poor appetite or weight loss; and eventually vomiting and diarrhea. Blood testing and/or urine testing may be used to diagnose kidney disease. An ultrasound of the kidneys will differentiate dysplasia from other forms of kidney disease, such as kidney stones, amyloidosis or antifreeze poisoning.

Recommendation: Chemistry panel by 6-12 months of age

Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a pet, usually male, unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary.





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Recommendation: Annual glaucoma screening after age 7. The

test we perform is called an intraocular pressure, or IOP. It is quick and inexpensive, and could save your pet's sight.

Hypertension: In dogs, hypertension, or high blood pressure, is usually secondary to kidney disease or Cushing's disease. Huskies can have high blood pressure without an underlying disease problem. High blood pressure can cause blindness and strokes in animals just as in people.

Recommendation: Annual blood pressure testing, blood pressure medication is needed.

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Recommendation: The STT should be done at least once a year once a pet reaches age 7, sooner if symptoms become apparent.







BREED RISK RECOMMENDATIONS SPRINGER SPANIEL

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Recommendation: Annual glaucoma screening after age 8. The

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Hemangioma and hemangiosarcoma: These are two of the more common tumors of older large breed dogs. They are tumors that arise from blood vessels and usually occur in organs with lots of blood supply – the spleen is especially common, and the liver, kidneys, heart or skin may be other sites. These tumors fill with blood and then will break open and bleed. Since they usually occur internally, you cannot see the bleeding from the outside. You will see a dog that becomes pale & weak over a 6-24 hour period of time. He may become unable to walk or get up, and breathing may become labored. You can also see a large or distended abdomen if the tumor is large – and some can be volleyball size or larger before the dog becomes ill.

Recommendation: We often find clues that one of these tumors is present on senior wellness testing, so have your senior dog's blood tested at least annually. Know what to watch for and seek help if signs appear.

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remainder of the pet's life.

Recommendation: The STT should be done at least once a year once a pet reaches age 8, sooner if symptoms become apparent.

Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a pet, usually male, unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary.



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Recommendation: Annual glaucoma screening after age 7. The

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Hemophilia: There are several types of inherited bleeding disorders, or coagulopathies, which occur in dogs. They range in severity from very mild to very severe. Many times a pet seems normal until a serious injury occurs or surgery is performed, and then severe bleeding can result.

Recommendation: For at risk breeds (or pets with liver disease, because liver disorders can also lead to abnormal blood clotting), diagnostic testing for clotting time is recommended before surgery is performed.



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BREED RISK RECOMMENDATIONS WELSH TERRIER



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BREED RISK RECOMMENDATIONS WEST HIGHLAND WHITE TERRIER



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Diabetes is common in some breeds. It usually develops in mid-life, between 3 and 10 years of age. Signs include drinking & urinating much more than normal, and weight loss despite a good appetite. If you notice your dog drinking more water, call us right away. This is one of the most common symptoms of illness in dogs, yet one frequently ignored by pet owners.

Recommendation: Annual blood and urine screening, sooner if symptoms are present. Weight control is very important to prevent and control diabetes.

Hepatitis, or liver disease: Liver problems are more common in certain breeds. Dobermans are prone to chronic, active hepatitis in middle age. It is usually diagnosed with blood testing and liver biopsy, and is treated with medication and special diets. Signs of liver disease do not usually occur until most of the liver is already damaged or destroyed. Early detection and intervention with routine blood screening allows us to detect this problem at an earlier, more treatable stage.

Recommendation: annual blood testing

Keratoconjunctivitis sicca, dry eye: also known as KCS, this is a disease in which the tear glands no longer produce enough tears to keep the eye moist. Eye ulcers and infections result. This is a painful condition that can be diagnosed and treated before symptoms appear.

Diagnosis of KCS is simple. A paper strip is tucked under the lower eyelid. Tears soak the strip. After 1 minute we look to see how many millimeters of the strip became wet. This test is called a Schirmer tear test, or STT. A reading under 15 is low. 16-18 is borderline, and above that is normal. Treatment consists of eye ointment that will be necessary for the remainder of the pet's life.



Recommendation: The STT should be done at least once a year once a pet reaches age 9, sooner if symptoms become apparent.



BREED RISK RECOMMENDATIONS <u>WHEATEN TERRIER</u>

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Glomerulonephropathy: GN is an inherited form of kidney disease. It slowly damages the kidneys, so affected dogs suffer kidney failure, often at an early age. Various infections and other illnesses can also lead to GN.

Damaged kidneys leak protein, so the disease is diagnosed by testing for excessive protein in the urine. The earlier the disease is diagnosed, the more we can help your pet. Urine samples should be checked annually for excess protein levels. Special diets help to support kidney function, thereby lengthening & improving life. Wheaten terriers are the most commonly affected.

Recommendation: Annual protein/creatinine ratio urine test after age 1.

BREED RISK RECOMMENDATIONS YORSHIRE TERRIER

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Hypertension: In dogs, hypertension, or high blood pressure, is usually secondary to kidney disease or Cushing's disease. Yorkies can have high blood pressure without an underlying disease problem. High blood pressure can cause blindness and strokes in animals just as in people.

Recommendation: Annual blood pressure testing, blood pressure medication id needed.

Keratoconjunctivitis sicca, dry eye: also known as KCS, this is a disease in which the tear glands no longer produce enough tears to keep the eye moist. Eye ulcers and infections result. This is a painful condition that can be diagnosed and treated before symptoms appear.

Diagnosis of KCS is simple. A paper strip is tucked under the lower eyelid. Tears soak the strip. After 1 minute we look to see how many millimeters of the strip became wet. This test is called a Schirmer tear test, or STT. A reading under 15 is low. 16-18 is borderline, and above that is normal. Treatment consists of eye ointment that will be necessary for the remainder of the pet's life.



Recommendation: The STT should be done at least once a year once a pet reaches age 9, sooner if symptoms become apparent.

Portosystemic shunt: In this disorder some of the blood supply that should go to the liver goes around it instead, depriving the liver of the blood flow it needs to grow and function. A small, poorly nourished liver cannot remove toxins from the bloodstream properly, leading to the build-up of these toxic waste materials, such as ammonia and bile acids, in the bloodstream. Affected animals have trouble handling drugs and anesthetics, and in severe cases high blood ammonia levels cause neurological signs.

Recommendation: Liver testing in addition to a standard pre-anesthetic and senior screening.

Urolithiasis: "Uro" refers to the urologic system, "lithiasis" is stone formation. Uroliths are bladder or kidney stones. Symptoms of urinary tract stones include blood in the urine, straining to urinate or inability to urinate if the urethra is blocked with stones or crystals. This last symptom is quickly fatal, so a pet, usually male, unable to urinate should be examined immediately. In the early stages, stones may be suspected if blood or crystals are seen in a urine sample test.

Recommendation: Urine testing annually or when signs are present, then surgery and special diets if necessary.

